## Managing Uncertainty & our mental health



A CONVERSATION WITH
LAURA ALLISON, TEAM LEADER,
CEWA PSYCHOLOGY

Wednesday 30 March 2022 7.00pm - 8.30pm

Join in to gain knowledge and skills to support you and your child(ren) through these challenging times.

Free Tickets available at https://tix.yt/qGH

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FREE TICKETS TO THIS ONLINE
EVENT AVAILABLE USING
THIS OR CODE

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P&F Mental Health & Wellness
Initiative