

Mater Christi Catholic Primary School Newsletter

Volume 1



8th February 2019

Dear Parents and Caregivers



SCHOOL MANTRA 2019

"Find happiness in making others happy" – Mary MacKillop

A very warm welcome to the 2019 school year for all our returning families and especially new families who have joined our Mater Christi community. This week we were greeted with the smiling faces of our new Kindergarten students. There was also great excitement as the children in Pre-Primary-Year 6 reconnected with their friends and met their new classmates. The teachers have been working hard during the break and especially during the past week to ensure our learning environments are welcoming, well organised and ready for a smooth start to the year. Thank you also to our grounds and maintenance staff for the hours and hours of work done to prepare our school for the new year. Put simply, our school looks fabulous and we're ready for an exciting year of learning.

I extend a very warm welcome to new staff who have joined our community this year:

Miss Natalie Fardella (1B)

Miss Natasha Prka (3B)

Mrs Narainee Gunness (Pre-Primary Support)

Mrs Joanna Rucki (Pre-Primary Support)

We welcome back Mrs Laura Barker who is teaching in 5A together with Miss Katie McNally.



It is also my pleasure to greet the new kindy families to the school, along with Mater Christi's newest students: Zara Amato (PPC), Chelsea Chase (PPC), Thea Moreschi (PPB), Emily Palmeri (PPB), Martha Garrett (1C), Brax Jordan (1A), Jack Amato (1C), Aaliyah Makombe (2B), Deegan Briggs (3C), Connor Davies (3C), Harvey Garrett (4C), Alexis Rasmussen (5A), Taylah Blair (5B) and Nithika Vivekanandan (5B).

DATES FOR NEXT WEEK (WK 2)

Monday
February 11

9am: Whole School Mass
Blessing of the student leaders
and distribution of badges

Tuesday
February 12

Parent Info Night
Session 1: 5-6pm (Year 6)
5:30-6pm (PP-Yr 5)

Community Meeting 6-6:30pm
Session 2: 6:30-7pm (PP-Yr 5)

Wednesday
February 13

School Banking

Uniform Shop Open
8:00-10:30am
1:20-3:20pm

Swimming Trials
Year 4-6
Cockburn ARC

Thursday
February 14

Friday
February 15

Saturday
February 16

Collection of Sacramental
Enrolment Forms

Sunday
February 17

Collection of Sacramental
Enrolment Forms

Mater Christi Catholic Primary School
340 Yangebup Road
Yangebup WA 6164
PO Box 3077 Success WA 6964

Telephone: (08) 9417 5756
Facsimile (08) 9417 9092
Email: admin@mcps.wa.edu.au
Absentees Email: absentees@mcps.wa.edu.au
Website: www.mcps.wa.edu.au

Parent Information Evenings.

This will be held next Tuesday 12th February. Your attendance on this night is a valuable support to the classroom teachers as well as providing an excellent overview of the learning that is in place for your child. This year at our Community Meeting Session, we will focus on

- 2019 School Mantra
- Communication and what is in place for parents
- Evacuation Procedures
- Master Plan – Toilets and the Year 3/4 Block
- Oval and Proposed Footpath update
- School Focus areas for 2019



Session One:

Year 6 Information Session 5:00-6:00pm

Pre-Primary to Year 5 Information Session 5:30-6:00pm

Community Meeting: 6:00-6:30pm – Undercover Area

Session Two:

Pre-Primary to Year 5 Information Session 6:30-7:00pm

These are valuable information sessions, made more valuable through your presence.

Any children on the school site will be supervised in the Library during the Community Meeting Session.

Welcome to School Mass & Student Leaders 2019

Our Year 6 Student Leaders will be recognised on Monday 11 February at the Welcome to School Mass at 9am. At this Mass we will acknowledge their role as Student Leaders in 2019. These students are encouraged to accept the responsibility of servant leadership throughout the school on many levels, acting as Student Representative Councillors (SRC), Senior buddies, Assembly Leaders, Sports Captains, Science, Music and Drama Captains and Head Altar Servers. We can be very proud of our school leaders for 2019!

Leadership is doing what is right when no one is watching.

Staff Development Day

Each year the staff take part in Whole School Professional Development which aligns to our School Improvement Plan. On Thursday 31 January all Mater Christi Staff participated in a Senior First Aid course which included CPR. This is an important investment for our school and our staff.

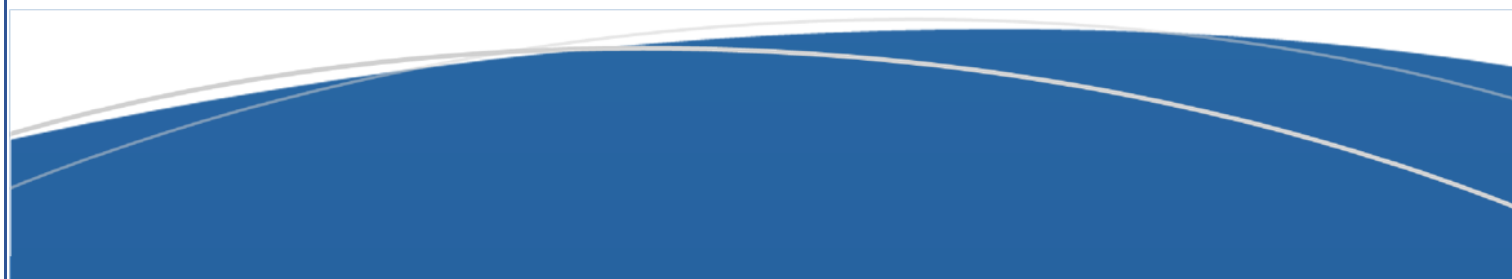


Canteen Menu

We have a fabulous new menu with healthy snacks on offer too. Wednesday is GREEN ITEMS ONLY DAY with Thursday and Friday having limited selections of hot dogs, pizza pies and sausage rolls. I thank and acknowledge the work that the canteen ladies do each week for our children, particularly in providing healthier food choices for our children.

The staff and I look forward to working in partnership with you throughout 2019.

*God Bless,
Toni Kalat*



Religious Education

They left everything and followed him Luke 5:11

Whole School Mass

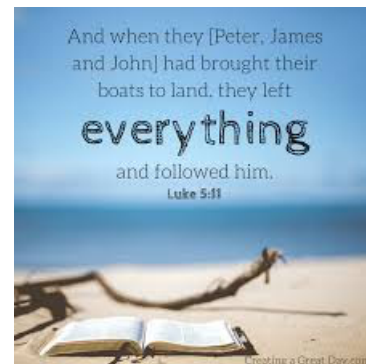
On Monday 11 February we will celebrate our first whole school Mass for 2019 at 9am. During the Mass, Father Dat will welcome all our new students and staff to our community and also bless our Year 6 student leaders, as they take on their newly elected roles in our school. All are welcome.

Giving Day

A friendly reminder that every Friday is Giving Day. All donations of non-perishable foods are given to St Vincent de Paul and are greatly appreciated. Donations can be dropped off in the red basket in the school office.

God Bless,

Julie Southwell, Assistant Principal



Sacramental Program Dates

PARISH

16/17 February 2019	Collection of Sacrament Enrolment forms – ALL CHILDREN, ALL SACRAMENTS – any Mass this weekend.
23/24 February 2019	Return of Sacrament Enrolment forms – ALL CHILDREN, ALL SACRAMENTS – any Mass this weekend.
27 February 2019	General Sacrament Meeting – PARENTS of ALL CHILDREN RECEIVING A SACRAMENT this year.

CONFIRMATION

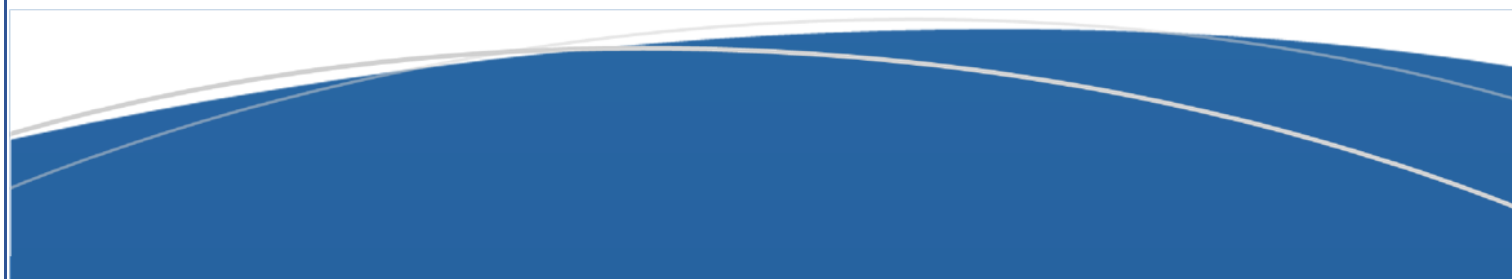
30/31 March 2019	Commitment Masses – Saturday 6pm or Sunday 10am ONLY
8/9 May 2019	Parent & Child Workshops – 5pm or 6:30pm both days – attend only one workshop
5 June 2019	Confirmation meeting for ALL Confirmation candidates
5/6 June 2019	Sponsor & Candidate Practices – date & time dependent on Mass being confirmed at.
9 th June 2019	Sacrament Masses 11:30am or 2:00pm

FIRST HOLY COMMUNION

19/20 June 2019	Parent & Child Workshops – 4:30pm or 6pm both days. Attend only one workshop.
22/23 June 2019	Commitment Masses – Saturday 6pm or Sunday 10am ONLY.
3/4 August 2019	Sacrament Masses
10/11 August 2019	Sacrament Masses
17/18 August 2019	Sacrament Masses

RECONCILIATION

22/23 June 2019	Commitment Masses – Saturday 6pm or Sunday 10am ONLY.
26/27 June 2019	Parent & Child Workshops – 4:30pm or 6pm both days. Attend only one workshop.
July to November 2019	Sacrament of Penance received – Saturdays 5pm.
1 December 2019	Cake and Certificate – all Penance candidates 5pm.



Physical Education

Swimming Trials

I just wanted to touch base with all the Year 4 - 6 parents about the upcoming Swimming Trials next week on Wednesday.

CLASS	DEPART SCHOOL	TRIAL TIME	DEPART POOL	RETURN SCHOOL
Year 4	9:40	10:00 – 11:30	11:40pm	11:50am
Year 6	11:15	11:30 – 12:30	12:40pm	12:50pm
Year 5	12:15	12:30 – 2:00	2:10pm	2:20pm

While most of the Year 5 and 6 students know what to expect it is important to point out a few things.

- It is always a new experience for the Year 4 students. There is no pressure placed on swimmers. We just want to know which races to place students into.
- The most important thing to remember with any Sporting Carnival at Mater Christi is that we are expecting maximum participation. We want everyone to have a go no matter what his or her ability is. To this end we want everyone to "have a go" at the Swimming Trials. **Having said that if your child is a weak swimmer please indicate this on the form and speak to Mr Donnelly. We can discuss what is required.**
- At the Trials, students must listen out for each event. The teachers will call the event and the distance (25 or 50m). If your child wants to do that particular event, then they should line up.
- We start with freestyle and then go to breaststroke and backstroke.
- The Trials will be conducted in deep water as will the Carnival (both at the ARC).
- For 25m events there is a lane rope placed across the pool so swimmers can hold onto it.
- The novelty races which occur at the Carnival take place at the shallow end of the pool and cater for the less comfortable swimmer.
- Those less able swimmers are asked to try at least one event at the Trials.
- We have a number of options in place for all swimmers:
 - Less able swimmers will be placed in the lane closest to the wall, which they can grab at any time.
 - All swimmers are offered a board to swim with (if required) and are reminded that they can grab the lane rope at any time.
 - Students can decide to start in the water, dive off the wall or dive off the block.
 - There will be an adult swimmer available to get in the water and assist students if necessary.
 - **Less able swimmers are required to tell staff of his or her ability before jumping in the water.**
- At the end of the day we want each student to do his or her best. This means they may feel uncomfortable initially, but with some support from those around them they will be ok.

If you have any questions regarding the Swimming Trials, please don't hesitate to ask. The best time to see me is in the morning or after school. Alternatively, give me a call.

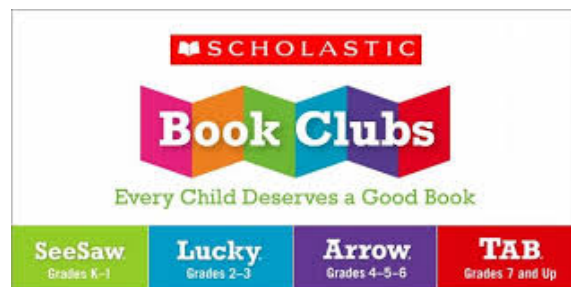
Regards,
Mr Donnelly (PE Teacher)



Book Club

Dear Parents,

Mater Christi School participates in the Scholastic Book club. Catalogues are distributed to the students about 8 times a year. This is a great way to purchase books for your children and earn points for our school which are used to obtain books for the library.



If you wish to order from an issue please follow the listed procedures:

- **Log-in to www.scholastic.com.au/LOOP or download our NEW iPhone and iPad app from the App Store!**
- For a quick start, just click on **ORDER** in the top menu or **REGISTER** first to save your details for next time
- Select your school and your child's class
- Add your child's first name and last initial (so the school knows who the book is for) i.e. John S.
- Enter the item number from the Book Club brochure
- You can order for multiple children at once if they attend the same school
- All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
- **Do not return paper order forms, cash or payment receipt details to your school!**
- **No late orders will be accepted. If you order after the due date you will need to pay a delivery fee to have the order delivered to your home.**
- For a quick how-to-order video, log-in to www.scholastic.com.au/LOOP and click on **HELP** in the top menu.

Please feel free to come and see me in the Library if you have any queries.

Kind Regards,
Emily Gowland
(Library Officer)





Punctuality

For Pre-Primary to Year Six, students class and lobby doors open at 8:30am. Please make every effort to have children in class on time, ready to start the day by 8:45am. Being settled can and does make a significant difference to what your child gets out of their day. It is also important in order that the teaching and learning program for the children already their isn't disrupted.

After School Pick-Up

All children who aren't walking, cycling or being picked up at the classroom at 3:05pm will need to go to the undercover area where they will be supervised by the teachers on

duty. Other arrangements with after school care providers are fine. Please do not ask your children to wait for you in a different location. If you do not wish to use the drive through area, please park your vehicle and collect your children from the undercover area.

All children must be collected from the school grounds by 3:30pm.

If you are running late, please make alternative arrangements to have your child collected.

Allergy Aware

In 2019, we have students in our school with severe nut allergies. Touching these items, as well as ingestion, may provoke a reaction. Due to the seriousness of this allergy, we are asking you to refrain from sending nut based products to school for recess, lunch and birthday treats.

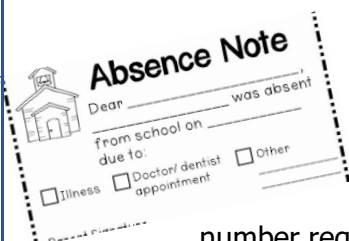
Appropriate steps have been put in place to ensure Mater Christi is a safe place for all our students. We ask that you also take the time to talk to your child about the following steps to decrease the risk of any student having an allergic reaction. These include:

Not sharing food.

Washing their hands before and after eating since some students can have reactions on contact (such as a doorknob, playground equipment, computer etc).

Avoid bringing foods to school that most often cause an allergic reaction eg nuts and nut based products.

We thank you in advance and we appreciate your cooperation in making our school a happy and safe environment for everyone.



School Absences – Attendance

If your child will be absent or late to school, it is important to ring the school office in 9417 5756 or email: absentee@mcps.wa.edu.au before 9am. All messages or emails should include the child's full name, class and reason for absence. Any student arriving after 8:45am must come to the office to sign-in before going to class.

If the school has not been contacted by 9:30am, an SMS will be sent to your mobile number requesting you contact the school to explain the absence.

It is a legal requirement that the school receives a signed note for student absences, therefore if an email has not been sent, we will require a note upon your child's return to school. For extended absences, such as holidays, please visit the office or our website for a pink leave of absence form.

Collecting Students During School Hours

If you need to collect your child during school hours to attend an appointment, you need to go to the office first to sign out the child/ren. The Student Release Form then needs to be given to the class teacher before the child will be released. If you arranging for someone other than a parent/authorised guardian to collect the student, this person needs to come into the school office with a signed note that states they are authorised to collect the student. If you know in advance that you will be collecting your child earlier, please let the class teacher know in the morning.



Skoolbag App

The Skoolbag App is a tool that the school uses to remind parents of important events and to convey last minute messages such as "the swimming bus has been delayed". It sends an alert directly to your smart phone in real-time. It is commonly used by parents to advise the school of a student's absence. This App can be easily downloaded to your smartphone using the instructions that follow:



How To Install Skoolbag On Your Smartphone

For iPhone and iPad users:

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. You will see your school appear, click "Get" then "install".
4. The app is FREE to download.
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



For Android users:

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you by tapping the on/off switch.



Please Note: Some brands of Android phones need the setting in "Notification Manager" changed to "Allow" instead of "Notify" in order for the push notifications to work. The phone must also be running at least version 4 system software to run the app.

For Windows 81 Phone and Windows 81 or 10 device users:

1. Go to the Windows Store on your 81 Windows Phone or Windows 81/10 Device
2. Search for "Skoolbag" in the keyword app search
3. Install the Skoolbag app
4. Find your school either by using the keyword search or location service.
5. Click the "Pin" icon to pin the school tile to your Windows Phone home screen.
6. Click the "More" button on the bottom right of the App, then "Setup"
7. Toggle the Push Categories that are applicable to you by tapping the on/off switch.

Please Note: The Skoolbag Windows App is for 81 version Windows Phones, or Windows 81 and 10 devices.



Find out more at www.skoolbag.com.au

Don't forget to like us on Facebook!

Parking Information

Parking

Below is a reminder about our parking and traffic rules to ensure the safety of our children at all times. We ask that you exercise patience and caution.

Driveway Maps

- **Yellow Arrow:** This is the 'drive through' and is for pick up and drop off only.
- Overtaking in this area to get to the back of the school is potentially dangerous. If drivers need access to that area, they must wait in the queue.
- **Blue Arrow:** This driveway is for parking. It is also for getting out of the car to walk into the school to collect children. The speed limit is 8km/hr.
- Please be courteous to others, allowing them to 'reverse park'
- Stopping or double parking is not permitted.

Thank you for remembering to reverse park. It is the safest option. Parking information is on the school website. If you have a towbar, please try to reverse park short of the brick paving on the oval side, so that walkers can get safely past your vehicle. The top oval will be open for any overflow. Please do not park on any paving areas around the school.

**REVERSE
PARKING
ONLY**



School News

After School Sport

The **Sporting Schools** program will commence in Week 4 of Term 1 and run for five sessions. Hockey will be the terms focus for both Junior and Senior sessions.

Years 1-3 3:15-4:15pm	Years 4-6 3:15-4:15pm
Wednesday 27 th February (Week 4)	Thursday 28 th February (Week 4)
Wednesday 6 th March (Week 5)	Thursday 7 th March (Week 5)
Wednesday 13 th March (Week 6)	Thursday 14 th March (Week 6)
Wednesday 20 th March (Week 7)	Thursday 21 st March (Week 7)
Wednesday 27 th March (Week 8)	Thursday 28 th March (Week 8)



There is no cost for this program as it is fully funded by the Federal Government. Before each activity children will meet the supervising teacher on the grassed area outside the library at 3:10pm where the roll will be taken. Parents are to collect their child from the **school oval at 4:15pm. Please be on time.** Student are required to bring a drink bottle, hat, joggers and sports clothing. Inclement weather **will not** force the cancellations of the session, as it will be held in the Mater Christi Community Centre in those circumstances.

Permission notes are to be returned to **Mrs Hills in 3C** before 3:05pm 20th February. Please do not return notes to your child's classroom teacher or the office. Students who expressed an interest in participating have received a permission form today. If you would like your child to take part and they did not receive a permission form there will be some available on the 3C lobby notice board.

As numbers are capped, it will be "first in first served" so please make sure your child's permission form is returned as soon as possible if you are interested in your child taking part in the program this term. Students who are successful in gaining a place will be notified by Friday 22nd February and receive an acceptance note to take home. An ongoing commitment is expected for all five sessions from all those who participate. It is imperative that parents arrange for their child to be picked up at 4:15pm on their given day.



Kind regards,

Sally Hills
Sporting Schools Coordinator

Use of Student Images/Names

With the increasing use of ICT at Mater Christi, student images and/or names may appear on class blogs, in the school newsletter or on class made DVD's.

If you DO NOT wish your child/ren's names or images to appear, please return the notice below to the front office by Friday 22nd February 2019.

I _____ parent/guardian of

_____ (name all children)

in class/es _____

Please note a new form is required to be completed and signed each year



School Banking

If your child would like to be involved in the school banking program, more information can be found here:

<https://www.commbank.com.au/personal/kids/school-banking.html>



Occupational Therapy at Mater Christi

Lil Peeps are providing Occupational Therapy Services at Mater Christi this year. Please see the link below for further information.

<https://www.lil-peeps.com.au/referrals>



LIL PEEPS OT

Occupational Therapy services,
Especially for kids!

WHO WE ARE

Lil Peeps is a highly specialised Occupational therapy service that provides assessment, support, advice and intervention in a range of areas. We liaise closely with schools and teachers to ensure the best outcome for your child and family.

WHAT WE DO

Lil Peeps provides services in a variety of ways, including assessment and consultation, direct individual therapy with an OT, group-based consultation and parent and teacher workshops. You may be able to claim a rebate for the OT services from private health insurance and other agencies

FURTHER INFO

Contact Lil' Peeps for pricing details and advice on whether Occupational Therapy may benefit your child.

AREAS WE SUPPORT

Fine motor skills

The way we use our hands and fingers help us to be efficient in everyday tasks including dressing, eating, unwrapping a sandwich and writing our name.

Technology

Some children may need support in producing work in the classroom and technology can be a valuable tool when the physical act of hand writing is proving to be a significant barrier.

School Readiness

Starting school is always a little confronting – for both the child and the parents! When children are physically ready for the demands of the classroom, it can make the learning journey a great deal smoother!

Handwriting

The bread and butter of OT in the school... being able to produce work through writing in an efficient and effective way is crucial to all areas of performance in the classroom.

Sensory Processing

The way we take in sensory information from our environment can have a significant impact on our attention, emotion and behaviours.

Formal Assessment

Assessment of motor coordination and visual perception skills can be beneficial in determining specific areas of difficulty and provide insight into strengths and barriers to your child's participation at school.

Gross motor skills

Being physical active is a lifelong skill that we all need. When children have challenges with their motor skills they are less likely to be physically active, and this can have an impact on both their physical health and emotional wellbeing



LIL.PEEPS@HOTMAIL.COM



[0417961276](tel:0417961276)

Dear Parents,

A warm welcome to all of our students, teachers, staff and parents back to school for 2019. We look forward to working closely together during the school year to support our school community at Mater Christi.

VOLUNTEER
you can make a difference!



Parents are encouraged to be involved with the P&F in some way, helping to build great community spirit within our school and providing an avenue to raise funds, which ultimately benefits all our children. Please consider whether there is **Just One Thing** that you may be able to assist with during 2019. For further information on the role of the P&F committee, services the P&F offer and events we run, please see the 'Parents and Friends' section of the school webpage, get in touch with your Class Rep or email materchristipandf@cewa.edu.au.

The P&F meets monthly during the school terms. All parents are automatically members of the P&F, and are invited to attend meetings, which provide parents with an opportunity to participate in the life and development of the school. The **next meeting will be on Tuesday 19th February at 7pm** in the staff room.

We look forward to getting to know you through our activities and at our monthly P&F meetings. Volunteering together helps make the Mater Christi community an even better place for our children.

The P&F Office Bearers for 2019 are

President: Michelle Hall

Vice-President: Louise McEntee

Treasure: Rebecca Exham

Secretary: Leah Rheinberger

Board P & F Rep: Leonie Jones

Class Re Coordinator: Deb Horton

Food Coordinator: Tina Stevens

Sun Smart Rep: Kate Godwin-Johnston

Parish Rep: Helen Kruh

PFFWA Rep: Marina Hayward

News & Info Coordinator: Vacant

General Committee Members: Alissa Fazio, Kylie Galipo, Linda Corlett, Corey Gaidzionis, Stephanie Gill, Giulia Orlando

Upcoming Dates

Next P&F Meeting Tues 19th Feb 7pm (Staff Room)

Welcome Sundowner - Fri 22nd Feb 7pm (Mater Christi Community Centre). This is a parent only event – further details to be provided.

Dads & Kids Campout – Save the Date – Saturday 16th March 2019

Second P&F Meeting Friday 22nd March 9am (Staff Room) * Date changed from 19th March

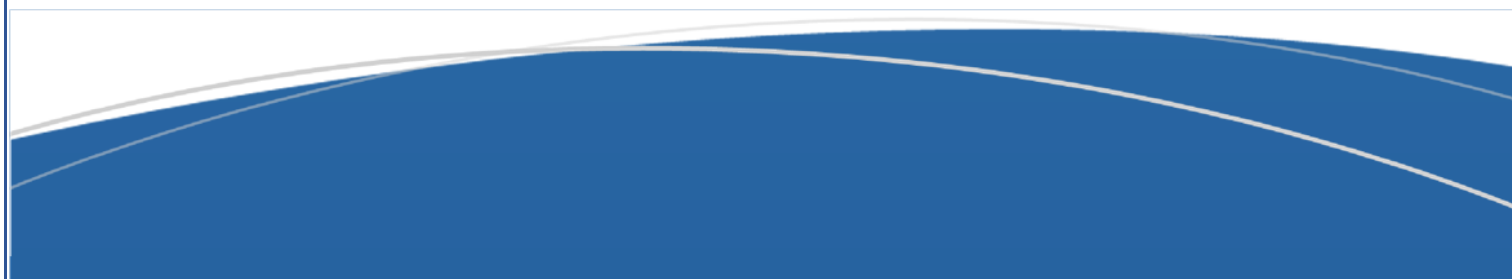
Michelle Hall

P&F President



2019 Parent Class Representatives

Class	Parent Rep Name
KA	Nakita Tuffin
KB	Kylie Galipo
KC	Lesley Pascuzzi
KD	Kate Pow
PPA	Sarah Lentz
PPB	Michelle Pozzi
PPC	Jennifer Cotton
1A	Hayley Lynch
1B	Sarah Morris
1C	Corey Neira
2A	Kristie Ainsworth
2B	Tanya Forzatti
2C	Louise Amsuss
3A	Loretta Formato
3A	Clare Yakas
3B	Catherine Richards
3C	Jamie Bebek
4A	Kelly Hulme
4B	Lucy De Aguiar
4C	Karen Simons
5A	Andrea Hegney
5B	Linda Miguel
5C	Rachael Millington
6A	Tina Stevens
6B	Michelle Cuthbert
6C	Beverly Sweetman



Community News



PERTH GOJU KARATE

Perth Goju Karate teaches karate classes in your local area.

A special offer for the school's students - 4 WEEKS FREE beginners karate lessons! Classes are held after school and are a great way for children of all ages to learn self-defense in a fun and safe environment. We also teach classes for teens and adults and they are fantastic for fitness, wellbeing and of course, self-defense. Classes continue over the school holidays (with a short break over the Christmas period) which makes it perfect for the kids who are looking to try something on the holidays. Karate has many benefits which include confidence, respect, discipline and fitness. Call now to take advantage of this 4-week trial - Sensei Johnny Moran - 0402 830 402

Tennis

Does your child want to become the next Novak Djokovic or Naomi Osaka?

Jim Guilfoile, a Tennis Australia Junior Development Coach, is offering tennis lessons at Mater Christi in Term 1 on Wednesday mornings from 7:30 to 8:30, starting on the 13th of February. The cost for the 8-week term is \$145, and all eligible students will receive a free ANZ Tennis Hot Shots T-shirt!

Spaces are limited, so contact Jim now to reserve a spot at jimguilfoile@gmail.com or ring 0403 743 147.



Government of Western Australia
Child and Adolescent Health Service

FREE PARENTING SEMINARS

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.



Parents are encouraged to attend all 3 seminars:

1. *Children's behaviour - the tough part of parenting*
2. *Raising Confident Children*
3. *Raising Emotionally Resilient Children*

The next **FREE** 3-week series is held:

When: Starting Wed 20 Mar 2019

Location: Coolbellup Community Hub

RSVP: Bookings are essential and places are limited.

Please visit healthywa.wa.gov.au/parentgroups to book your place.

To find other available programs visit our website
www.healthywa.wa.gov.au/parentgroups

Parenting in February at West Leederville

2019

Dads Raising Teen Girls

For teenage girls, a father's support and love are extremely important. This workshop helps dads to understand and provide ways to help them make good choices. (* If you are a father going through the separation process we recommend you attend our course 'Survival Kit for Separating Dads' prior to any other parenting course.)

Monday 4 February \$30pp

Fathering after Separation

This course will assist fathers distinguish between their parenting role and their relationships break-up and help to develop parenting skills that are responsive to your children's needs as they find their way through the family separation.

Tuesday, 12 February \$30pp

Making Stepfamilies Work

Find out to build the enduring, resilient stepfamily you both want.

Wednesday 13 Feb-20 March \$80 pp/\$130 pc

Successful Single Parenting

If you are a parent and are well past that initial relationship break-up stage and being confronted with the difficulties and challenges of parenting alone, then this course will provide you with some strategies that will aid you develop a closer relationship with your child.

Monday 18 February \$30pp

Parent-Child Connection

Being a parent can be tough! People with children under 10 are encouraged to attend this 4 week course to learn new skills, feel more positive about their parenting ability and increase their confidence.

Tuesday 19 Feb-12 Mar \$50pp/\$75pc

Parenting after Separation

If managed well by the adults, separation doesn't have to be harmful for children. Parents who can make room for thinking about their children's needs, apart from their own, can help them adapt best to family separation.

Monday 25 February \$30pp

Where: Level 1, 22 Southport Street, West Leederville Time: 6.30-9pm

Places are limited - please contact (08) 6164 0200 to register today!

For more information about our courses and workshops, please click [here](http://www.relationshipswa.org.au) or visit www.relationshipswa.org.au

Dads Raising Boys

2019

For a boy a close relationship with his father is like gold. A father is like an anchor for a son. A dad is one constant in life who models what they become as an adult.

All boys benefit from a strong male figure in their lives and it's a father's greatest privilege to be the man that not only gets to enjoy "tearing up the grass" with his sons but also to teach them how to become good men.

Boys whose dads are involved with them from a young age do better in lots of ways - academically, emotionally and socially. Well-fathered boys show the positive effects years later with an improved capacity for empathy and the health of their social relationships.

While very small boys often express a preference for their mother over their father, this often alters between the ages of two and four when Dad suddenly becomes the main attraction. It's at this age that little boys get excited about cars, boats, tools and tractors, and as Dad increasingly becomes their partner in play, being just like him becomes their mission.

This workshop will discuss:

- The importance of the role Dad's play in the development and nurture of boys
- The importance of play with your son
- Helping your son build self-esteem, a healthy identity and resilience
- How to manage difficult behaviour

We strongly recommend all Dads going through the separation process attend our course "Survival Kit for Separating Dads" prior to any other parenting courses.

Where: MIDLAND - 27 The Crescent

When: Tuesday 26 February

Time: 6.30pm - 9.00pm Cost: \$30 per person

Bookings are required. Please phone 6164 0200 to enrol.

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Relationships Australia.

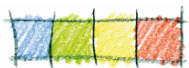
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SENSE RUGBY

rugby based
occupational therapy

Using modified rugby drills to
help kids:

- + process sensory information
- + focus on activities
- + work on their coordination
- + manage their emotions
- + have fun with other kids!



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Sign up now at <http://calmandconnected.com.au/sense-rugby-wa-sign-up/>



Term 1 2019

FREE Trial Session
Thursday 14th Feb

Term 1 Program
Thursdays

28th Feb - 11th April

\$40 p/session
\$50 p/session if NDIS



SCHOLARSHIP APPLICATIONS
NOW OPEN

Year 7, 2020 Academic & General Excellence

Year 10, 2020 General Excellence

2020 Music Scholarships

For further information please go to
www.iona.wa.edu.au/scholarships

Applications close
Sunday 24 February 2019