

Mater Christi Catholic Primary School Newsletter

Volume 4



28 February 2020



SCHOOL MANTRA 2020

"Do small things, with great love". Mother Teresa

Dear Families,



Wednesday of this week marked the beginning of the Lenten Season and an opportunity for us to renew our commitment to the faith. During Lent, we are called to pray with hope, to provide additional support to the underprivileged and undertake an action which brings us closer to God. In simple terms, this could look like: introducing a daily family prayer time; donating money to Project Compassion; and, participating in Sunday Mass as a family.

Thank You...



- To the P&F and all who were able to be present at the **Sundowner** last Saturday. Your attendance made the evening so much more special.

- To all the Sacramental families for attending one of the **Enrolment Masses** during the weekend.
- A big shout out to the number of Mater Christi and community people who joined us last night at the **Karen Young presentation**. It was a most worthwhile and engaging evening. Everyone walked away knowing and understanding so much more.
- I would like to acknowledge the work of our P&F Executive who is always looking for opportunities to enable parents to engage with excellent and current presenters on topics that matter to each of us. The Karen Young presentation was a 'FREE EVENT' due to a sponsorship from the City of Cockburn.
- It is important to note that Mrs Rebecca Austin (School Counsellor) uses Hey Warrior books by Karen in her work with students. So much of what Karen presented last night is reflected within the Highway Heroes Program that Mrs Austin uses throughout the school.

Dates for Next Week (Week 5) Wellness Week – No Homework

Monday
2nd March

PUBLIC HOLIDAY
LABOUR DAY

Tuesday
3rd March

Year 6 Leadership Day
EduDance PP-6

Wednesday
4th March

Year Six Camp
School banking
Uniform Shop Open
8:00-10:30am
1:20-3:20pm

Thursday
5th March

8:45am Good Cup Café (MCCC)
EduDance PP-6

Friday
6th March

Year Six Return from Camp

Saturday
7th March

Sunday
8th March

Second Sunday of Lent

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340 Yangebup Road
Yangebup WA 6164
PO Box 3077 Success WA 6964

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Email: admin@mcps.wa.edu.au
Absentees Email: absentee@mcps.wa.edu.au
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- Thank you to the staff who will be attending camp this year. We appreciate your families giving you this time away from them and we understand this is not easy. Without you, there would be no camp! You are our CHAMPS!

Year Three Assembly

This morning we were thoroughly entertained by our superstars in Year Three. It was the perfect way to end week four and commence our first item assembly for 2020. Congratulations to the students and teachers. We loved your performance, and a reminder that we can come together for many different cultures and we are one Mater Christi.



Please click on the link to view more photos from today's assembly.

<http://bit.ly/2veff2b>

Year Six Camp



On Tuesday all Year Six students participate in a Leadership Day run by Mr Mark Clayden and students from Notre Dame. The activities during this day sets our students on their growth journey as leaders and senior students in our school. It also sets the scene for their Camp (Wednesday – Friday). We have many staff members attending camp next week, including the Leadership Team taking turns with being at camp and school. I know that there will be many anxious young people and assure them that the staff will look after you, your needs and your worries wonderfully. You will have the BEST TIME EVER!



Wellness Week

In Week Five each term at Mater Christi we hold our Wellness Week. This is a time when no homework is given to students and teachers have no meetings. Families are encouraged to find some quality time to 'JUST BE' as a family and sharing in activities that bring you together. Happy Wellness Week!

*God Bless,
Toni Kalat*

Congratulations

Congratulations to the Stewart family on the birth of their baby daughter earlier this week. We pray God looks over you all at this very special time and wish you many cuddles and much sleep.



Library News

If you can help Mrs Gladwell with contacting library books, please see her in the library. The library will also be open before and after school to facilitate book changes.

Keeping Safe Online

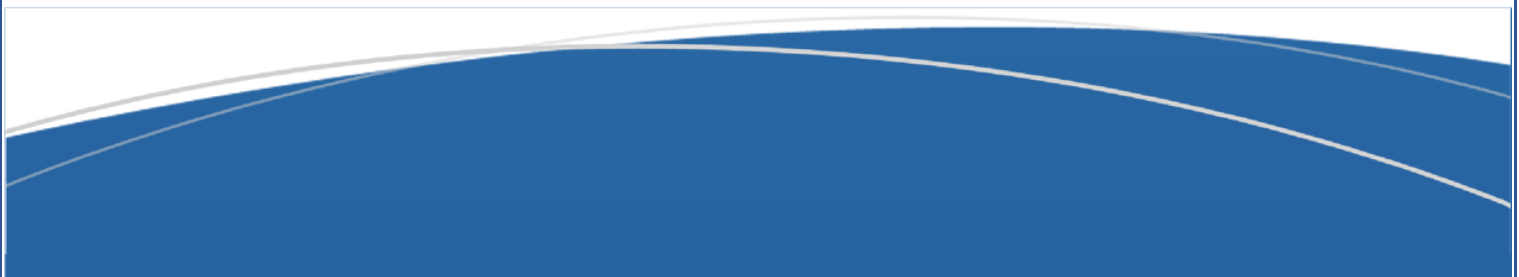


For further advice on how to keep your children safe online, click the link below.

<http://bit.ly/2T1pcJi>

Thank you,

Mrs De Bes, IT Coordinator



Religious Education

Project Compassion

Ash Wednesday – 26th February 2020



This week the season of Lent began with Ash Wednesday, which also marked the beginning of the annual Caritas Australia Project Compassion Appeal. Donations to Project Compassion allow Caritas Australia, the Catholic Agency for International Aid and Development, to work with local communities around the world to alleviate poverty, hunger, oppression and injustice. We encourage you to put your compassion into action this Lent through your prayer, fasting and almsgiving by supporting Project Compassion. Each class received a Project Compassion box for their donations. Each Thursday the Head Altar Boy and Girl will empty the boxes and total up the donation received. We will be recording the progress of our donations on the chart just outside the office. Let's Go Further, Together!

Making Jesus Real

Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness. Thankfulness may consist merely of words. Gratitude is shown in acts. – Henri Frederic Amiel

This week with much excitement we launched the 'Gotcha' The Spirit of Jesus cards. Our very first 'Gotcha' cards were given to Lorcan 4B and Alex 6A. Both boys demonstrated the Spirit of Jesus through being helpful and kind.

Sacramental Program

At last weekend's masses, the candidates for this year made their commitment prayer for receiving of the Sacraments. It was wonderful to see so many children across all four Masses. Thank you to the staff who assisted in collecting the enrolment forms. If your child is intending to receive a Sacrament and they are yet to return their enrolment form, please do so to the Parish Office.

Do small things with great love!

Mrs Julie Southwell

Canteen News

A few things to note about ordering:

The yummy Penne Bolognese (spaghetti) is very popular with the children, therefore we will keep lasagne for the winter menu only. Also, Fried Rice is unavailable for the remainder of the term.

Please note that

- Recess items can only be ordered for recess.
- Any change (coins) will be folded and stapled to the corner of the lunch bag.

Thank you for your understanding and continued support. We are in the process of developing a new Menu for the winter months so stay tuned.

Wendy and Karen. 😊

Banking News



School Banking

The colouring-in competition for all school bankers is under way! Don't forget to hand your entry into the school banking satchel by Wednesday 11th March. If you need another colouring-in sheet they are available at the front office. If you would like to enrol in school banking, bring in your Commonwealth Bank Youth saver details and deposit in on Wednesday.

Community Wellbeing

Resilience Robbers

Michael Gross is the well-respected creator of 'Parenting Ideas'. According to Michael, these are 7 common parenting mistakes that reduce children's resilience.

Mistake 1: Fight all their battles for them

There is nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last option, not the first.

Resilience Notion 1: Give kids the opportunity to develop their own resourcefulness.

Mistake 2: Make their problem, your problem

Sometimes parents can take too much responsibility for issues that are really up to the children to work out or decide.

Resilience Notion 2: Make their problem, their problem

Mistake 3: Give kids too much voice

In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

Resilience Notion 3: Make decisions for kids and expect them to adjust and cope.

Mistake 4: Put unrealistic or relentless pressure on kids to perform

Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids will experience anxiety.

Resilience Notion 4: Keep expectations in line with children's abilities and don't put excessive pressure on them.

Mistake 5: Let kids give in too easily

Resilient learners link success with effort. They don't give up because they don't like the teacher or when confronted with multi-step or more complex activities.

Resilience Notion 5: Encourage kids to complete what they have started even if the results aren't perfect.

Mistake 6: Neglect to develop independence

Don't wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves.

Resilience Notion 6: Don't routinely do for kids what they can do for themselves.

Mistake 7: Rescue kids from challenging or stretch situations

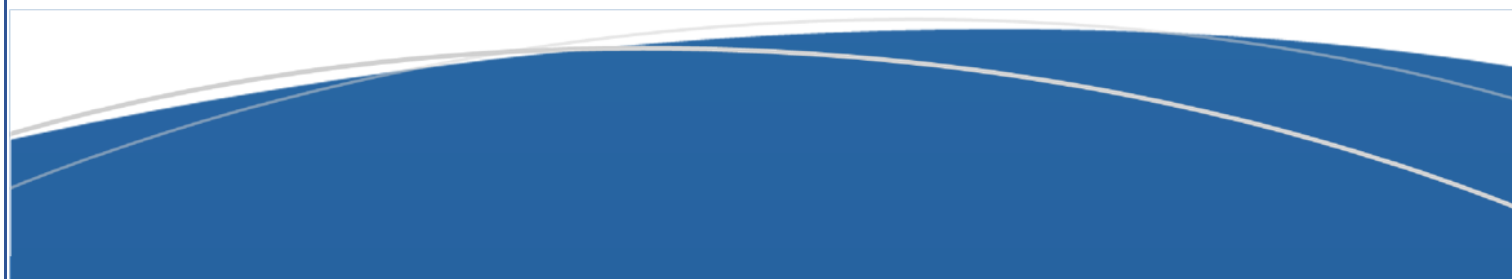
There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on a school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt out or avoidance.

Resilience Notion 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities. They help kids to stretch and grow. Dealing with them effectively also teaches kids where they are capable of coping when they meet some of life's curve balls.

Social and Emotional
Well-being

Taken from Michael Gross: Parenting Ideas
www.parentingideas.com.au



School News

What's Happening in Year One This Term?



Wow, what a busy start to Year One! Our teachers are very impressed with how well we have transitioned into the 'Big School', and we have been busy establishing our classroom expectations and routines.

In Religious Education, we have been discussing the special gifts God gave us that help us to learn so that we can know about God, others and the world. We are beginning to explore the Bible, and the two parts it is separated into. This week we attended the Ash Wednesday Mass, and we learnt about the significance of Lent.

CLICK HERE

For more photos of the Year One group this year, please click on this link:

<http://bit.ly/2PynmNX>

We all created our very own Lenten promise that we are going to try hard to keep for the 40 days of Lent. During writing, we have been learning how to write a recount and that sentences need a capital letter and full stop. We have been learning some new strategies to help us sound out tricky words when reading books. In Mathematics, we have been playing lots of games to help us develop our number sense, including addition and subtraction.

We love Investigation Time! We have been exploring different families and family structures in our classroom. We have enjoyed learning about each other's families and traditions. We would love for you to come and see all of the wonderful work we have done in Year One!

So far in science, the Year Ones have been exploring how animals have different body parts that let them move, eat and live in different ways. This week they looked at different mini beasts (worms, butterflies and dragonflies) and drew their observations.

A Note from the Community Health Nurse

My name is Manon Spronck and I am the Community Health Nurse who visits your school. Community Health Nurses work in schools to promote healthy development and wellbeing so students may reach their full potential. A major part of my work is focused on early intervention and the School Entry Health Assessment program. Community Health Nurses serve as a health contact point for children and their families, providing information, assessment, health counselling and referral. The services provided are free and confidential. If you have a concern about your child's health or development, please contact the school's administration office and they will provide you with my contact details.

Thank you and warm regards,
Manon Spronck



Parent Social Events

Kindy A Catch Up

When: Sunday 22nd March at 10:00-12:00pm

Where: Botany Park, Macquarie Boulevard, Hammond Park

No RSVP required.

For further information please call Brooke Velterop on 0408 910 961

1B Parent Catch Up

When: Tuesday 17th March (after drop-off) at 8:45-9am.

Where: Roar Bar N Grill

No RSVP required. For further information, please call Michelle Pozzi 0405 202 804.

1C Coffee Morning

When: 5th March at 8:30am

Where: Good Cup Café, Mater Christi Community Centre at 8:30

RSVP: to Rebecca Exham 0422 096 580

1C Parent Dinner

When: 28th March 2020 at 7:30pm

Where: Io è Tè Restaurant

RSVP: to Rebecca Exham on 0422 096 580

Year One Holiday Play Date (All Year One Classes)

When: Wednesday 15th April from 10:30-1:30pm

Where: Manning Park

No need to RSVP. Please contact Michelle Pozzi on 0405 202 804 for further information.

2A Coffee Catch Up

Where: Surfing Lizard Café

When: 31st March at 9:15 (after school drop-off)

RSVP: Please contact Barbara Thurston on 0404 847 607.

2C Coffee Catch Up

When: 10th March at 9am (after school drop-off)

Where: Sul Lago Café, 28 Lakefront Avenue, Beeliar (Beeliar Shopping Centre)

RSVP: to Renae Datson by 5th March 2020 on 0417 697 208.

4C Parent Dinner

When: Friday 6th March at 6:30pm

Where: Brushfoot Café, Success

RSVP: Please RSVP to Giulia Orlando by 28th February on 0403 489 252.



Parents & Friends News

Sundowner

Thank you to all who helped set up, attended, assisted on the evening and also those who helped clean up. A special mention to Stephanie Gill, Vicky Hartill and Jennifer Cotton for making the venue look fantastic. Great job ladies!

Karen Young 'Hey Warrior' Presentation

What an amazing turn out we had for our Karen Young presentation. It was a wonderfully informative evening. Thank you to City of Cockburn for sponsoring this event through the Small Events Grants Program.



Dad's and Kids Camp Out

Dad's and kids, it's that time of year again! Grab your tent or swag and head on down to school to spend a night under the stars having fun and making memories. Saturday 14th at 1pm - Sunday 15th March 10am

\$20/ family

Registrations essential - places are limited so be quick as they sell fast!

[CLICK HERE](#)

<https://www.stickytickets.com.au/L4U1R>

Enquiries email materchristipandf@cewa.edu.au

[CLICK HERE](#)

CSPWA Newsletter

<https://cspwa.schoolzineplus.com/news?nid=11>

Next P&F meeting: Friday 13th March 9.45am

In the Mater Christi Community Centre, this meeting will take place after assembly. All parents are welcome to attend.

Louise McEntee

Vice President 2020, Mater Christi P&F

Community News

A poster for a college tour. It features a young woman in a school uniform sitting at a desk with a laptop. The text on the poster reads: 'Join us for a College Tour', 'Tuesday 17 March at 4.00pm', 'Register Online: www.emmanuel.wa.edu.au', 'Enrolment Enquiries: 9414 4055', and '122 HAMMOND ROAD, SUCCESS WA 6164 | 9414 4000 | WWW.EMMANUEL.WA.EDU.AU'.



OPEN TRAINING DAY

Beelias Spirit AFC

Beelias Oval, 33 Lakefront Avenue, Beelias

Wednesday 26th of February 2020
5.30pm to 6.30pm

Everyone is welcome (whether you are new to the sport, a return player or looking for a new club to be a part of) come down and have a kick around

Under 5's through to Under 18's

Meet some of our Coaches & our Club Representatives who will be available to answer questions

Registrations are now open for the 2020 season (April to September) via

<https://www.playfootball.com.au>

For further enquires please email: contact@beeliaspirit.org

A poster for Cockburn Junior Football Club. It features the club's logo at the top, which includes a soccer ball and the text 'Cockburn Junior Football Club' and 'Est:1954'. The text on the poster reads: 'Registrations are now open!', 'Cockburn JFC is now taking registrations for the 2020 AFL season; this is your chance to join our family friendly club.', 'Players from Auskick to Yr12 are invited to register - new members welcome!', 'Register NOW at cockburnjfc.com.au', 'Cockburn JFC are urgently seeking players from Year 3 to join our Pups Team in Season 2020. Girls and boys are welcome.', 'If you are interested please contact us via the email address or phone numbers below.', 'Join us for Auskick (PP-2)', 'Auskick: Sunday Mornings 9.00 am in Terms 2 & 3.', 'For further information please contact: Mark (President) 0430 088 331, Schiona (Registrar) 0402 138 992, Or email registrar.cockburnjfc@gmail.com, More club information at cockburnjfc.com.au, Club Rooms located at Cnr Lucius St & Rockingham Rd, Hamilton Hill', and 'We are a Good Sports club' with the 'GOODSPORTS' logo.