

# Mater Christi Catholic Primary School Newsletter

Volume 6



15 March 2019

Dear Parents and Caregivers



## **SCHOOL MANTRA 2019**

*"Find happiness in making others happy" – Mary MacKillop*

Dear Parents,

## **Dialing Into God: A Take up for Lent**

Instead of listening to music or talk radio in my car, I decided to take that time for prayer and to listen to God. At first, it was a difficult transition; the silence was deafening. But soon, I began to enjoy the quiet time. I prayed for people who I knew needed my prayers. I prayed for my family and myself. I also thanked God for my many blessings. I found that I became much more calm and peaceful during this time. This reflective time grounded and centered me to do my best.



Donna, A

## **Swimming Carnival**

We had superb weather last Monday for our Mater Christi Years 4-6 Swimming Carnival. This celebrated day was a tremendous success due to the epic organisation and hard work by Mr Donnelly.

Mr O'Reilly took up the call to be 'Carnival Commentator' and encouraged the participants with his enthusiastic calls and funny jokes (or at least we thought they were funny). Thank you to the many volunteers who assisted during the carnival and all the supportive spectators who acknowledged the place givers with their encouragement.

## **P&F Sleep Out**

Only one more sleep to go before the much-anticipated Dads and Children Sleep Out! The number of bookings has doubled to just under 100 with approximately 250 campers enjoying the company of others and taking part in lots of fun and activities. Hopefully, no rogue sprinkler will turn on at 2am this year. Thank you to Cory Gaidzionis and the helpers who assisted in preparing for this Mater Christi great event and making it all possible.

## **Dates for Next Week (Wk 7)**

Monday 18 March	Feast of St Patrick
Tuesday 19 March	Feast of St Joseph Year 3, 4 and 6 attend Parish Mass School Banking
Wednesday 20 March	Uniform Shop Open 8:00-10:30am 1:20-3:20pm
Thursday 21 March	8:30am Board Financial Meeting
Friday 22 March	9am P&F Meeting (staff room)
Saturday 23 March	
Sunday 24 March	3 <sup>rd</sup> Sunday of Lent

Mater Christi Catholic Primary School  
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Website: [www.mcps.wa.edu.au](http://www.mcps.wa.edu.au)

## Year 6 Camp

Last week, the Year 6 students and staff enjoyed four eventful days and three nights at the Forest Edge Camp. With the encouragement of staff and instructors our children achieved many personal bests, doing something for the first time and by stepping out of their comfort zones. We also had some eventful medical circumstances and our staff as always went above and beyond, working as a team for the welfare of the children. I am also grateful to the families of each staff member as they had to survive the week with less assistance and support on the home front. We are very blessed to have such dedicated and generous staff working at our school. Thank you.



## Food for Thought

Last Tuesday night, Griffin Longley from Nature Play was the Guest Speaker at this P&F event. He shared many insights on the importance of children being able to be children; being able to play outside and connect with the world outside their home.

He stated that:

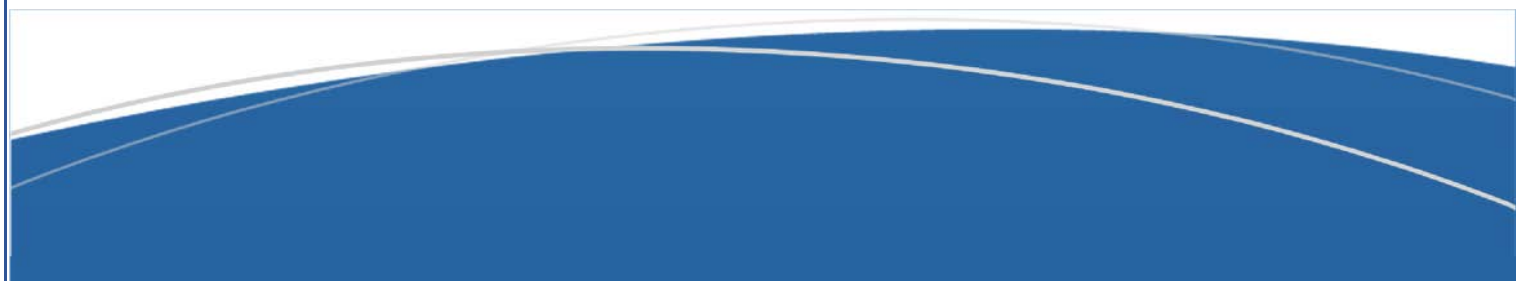
- As soon as you step outside you are a part of nature
- Nature Play is kids mucking around outside
- Children should spend around two hours of time per day outside playing and doing activities
- People in prisons receive more than two hours of time outside, anything less would be a violation of their basic rights
- Kids are seen, not heard, thanks to smart devices
- We should aim for speaking 6000 words or more per day in our social interactions with our children and other people. This creates a rich language and vocabulary
- Many children and parents end up using around 500 words per day
- Technology games are designed to create anxiety and that is how they hook us in
- Boredom is the driver to creativity. It's ok for children to become bored, let **them** come up with things to do in the back/front yard rather than parents coming to the rescue
- Use the Apple screen time app; Google digital wellbeing; WIFI router controls to moderate the amount of screen time your children can access

***The time we have with our children is precious –  
enjoy every minute of it  
for very soon they will be all grown up.***

Last Sunday, very sadly Mrs Siobhan O'Donnell's (4A) father passed away. The family were with him and are devastated with this loss. Our heartfelt prayers are with Siobhan and her family. He is now in God's loving care. Please offer a prayer for Michael O'Gara and the family.

Over the past week, we welcomed two infants into the school community. On Friday, Jo and Daniel Jenson (Mrs Jenson taught Year 1C last year) had their son Sonny Raymond. On Saturday, Kayla and Josh Trimble (Mrs Trimble taught 3C last year) welcomed son Noah James into the world. We congratulate both these families on the healthy and safe arrival of their sons, we pray for plenty of sleep, good health and lots of cuddles.

God Bless,  
Toni Kalat



## Religious Education

### Project Compassion

This week the students were introduced to Thandolwayo's story. Thandolwayo a 12-year-old girl in Zimbabwe, would walk seven kilometres each day to collect contaminated water for her family. She then went to school exhausted from hours fetching and carrying water. It looked like she would never realise her hope of finishing her education and becoming a nurse, until a Caritas Australia supported project created access to clean water helping Thandolwayo to stay at school and achieve a future full of hope.



**We invite all students to please donate to Project Compassion 2019 to provide clean water and a future full of hope for vulnerable communities in Zimbabwe.**

Lives change when we all give 100%. Students can donate through their class boxes.

### St Patrick's Day

This Sunday is the 2nd Sunday in Lent and the feast day of St Patrick. One of the most memorable prayers associated with St Patrick is the one known as St Patrick's Breastplate. It's a beautiful prayer to walk with, particularly during Lent:

Christ, be with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left, Christ where I lie, Christ where I sit,  
Christ where I arise, Christ in the heart of every person who thinks of me,  
Christ in the mouth of every person who speaks of me,  
Christ in every eye that sees me, Christ in every ear that hears me  
*(Michael McVeigh, Australian Catholics)*



God Bless  
Julie Southwell

## Library News



### **Book club is due**

Monday 25<sup>th</sup> March 3pm

No cash payments or paper orders please. Please use LOOP on scholastic website.

Any orders placed after the closing date and time will be charged \$4.99 for home delivery.



## Allergy Awareness Incursion

On Monday, 1<sup>st</sup> April, we will be having a school incursion to promote allergy awareness throughout the school. Parents, please feel free to join us for this informative event.



# ALLERGY AWARENESS SESSIONS FOR STUDENTS

Jackie Nevard, author and creator of **My Food Allergy Friends** is coming to our school! Educating young students in a fun, interactive way. Allergy education for prep - grade 3.

## FUN, EDUCATIONAL AND INTERACTIVE



### What we cover in our sessions:



- One in 10 infants have allergies, we discuss the most common allergens
- Symptoms of an allergic reaction
- The importance of having an EpiPen
- Reinforce YOUR school policies
- We explain the importance of washing our hands and why we don't share food or drinks at school
- We help students to become 'Food Allergy Smart'
- We discuss ways we can help our friends with allergies by including them and informing a teacher if they become sick
- Every student receives a certificate for attending our food allergy session
- We read two stories and have activities for younger students available\*
- Each school receives our School Allergy Poster Pack

**MONDAY 1ST APRIL**

\*Please note all craft cut outs, colouring pages and quiz will be emailed to your school to print out before the day

**1 in 10 infants will develop a food allergy**  
Education is the key to managing food allergies

[info@myfoodallergyfriends.com](mailto:info@myfoodallergyfriends.com)



## School News

### Year 3 Fire Safety Incursion

The word went out – tomorrow the Firemen from the Success Fire Station were coming to Mater Christi to meet the Year Three students and we were all so excited!

On Friday the 8<sup>th</sup> March Tim and his crew from the Success Fire Station came to Mater Christi to teach us about fire safety and to show us some of their cool equipment.

While the firemen were here they decided to tell us all about their special jobs. So, first they told us all about different types of fires and how to survive them. We were lucky enough to see them dress up in an amazing fire suit. The firemen showed us the powerful jaws of life they use to cut open cars, they turned the hose on to show us how it works and they even left with the emergency lights flashing and their sirens on.

Written by Kingston, Ryley and Grace – Year 3.



### Uniform Shop

Upon return to school in Term 2, Monday 29<sup>th</sup> April, your child will be required to wear their full winter uniform.

For those in Pre-Primary, Year 1 and any students new to the school, I have scheduled some dates for winter uniform fittings.

- Tuesday 2<sup>nd</sup> April 8:00-1:00pm
- Wednesday 3<sup>rd</sup> April 9:30-12:00pm and 1:30pm-2:30pm
- Tuesday 9<sup>th</sup> April 8:00am-1:00pm
- Wednesday 10<sup>th</sup> April 9:30am-12:00pm and 1:30pm-2:30pm.

<http://materchristicps.permapleat.com.au/schoolbookings>

Please use the link above to book your child's fitting. If you can't make your appointment time, please delete your booking to create space for another student as bookings are limited.

Thank you, Simone Douglas (Perm-A-Pleat)



## Mater Christi Swimming Carnival

### Mater Christi Swimming Carnival

On Wednesday we held our annual Swimming Carnival at the Cockburn ARC. It was hot (31 degrees) and steamy and so were the performances. With over 100 events on the programme it was a colossal day. All students participated in a range of events from the traditional strokes to the novelty relays. A **MASSIVE** thank you to every parent, captain and teacher who helped make the day so fantastic. Most importantly, congratulations to all students for their marvellous performances

We were all out to make sure the Bobtails didn't go back to back and win the title again. For a big part of the day it looked like they were going to do it again. The scores were pretty close!

At the end of the day, there can be only one champion team, but everyone who swam can be called a champion. Here are the final standings:

1<sup>ST</sup> – BANDICOOTS (350 Pts)

2<sup>ND</sup> – BOBTAILS (314 Pts)

3<sup>RD</sup> – MAGPIES (309 Pts)

4<sup>TH</sup> – HONEYEATERS (290 Pts)

The Most Cooperative Shield went to the Honeyeaters for their sensational sportsmanship and awesome cheering!

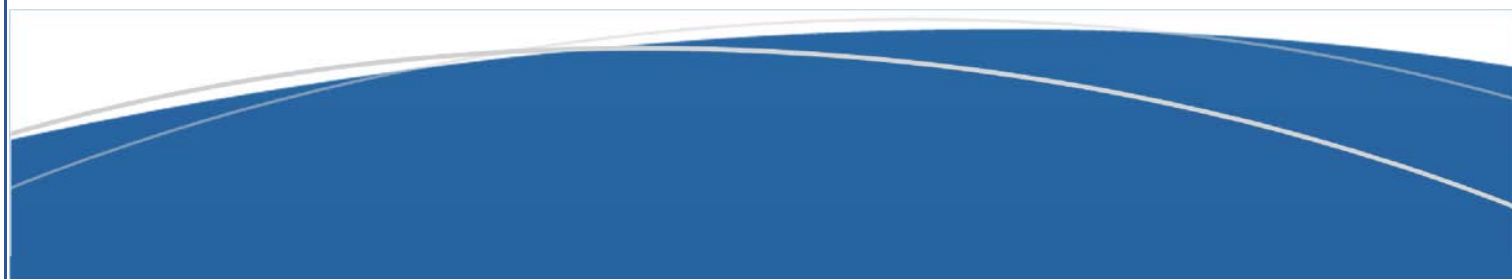
We also had some standout swimmers who swam their way to a Champion Boy or Girl medal. They were:

Year 4	Girls	Boys
<b>Champion</b>	Jacinta L	Adam L
<b>Runner Up</b>	Ella R	Jacob L
<b>3<sup>rd</sup></b>	Mayella M	Jesse B
<b>Year 5</b>		
<b>Champion</b>	Eilidh M	Rhys M
<b>Runner Up</b>	Alexia O	Cole C
<b>3<sup>rd</sup></b>	Gemma W	Tyler R
<b>3<sup>rd</sup></b>		Jensen S
<b>Year 6</b>		
<b>Champion</b>	Madison H	Shay M
<b>Runner Up</b>	Ella S	Peter W
<b>3<sup>rd</sup></b>	Bianca D	Nathan T

Well done on a brilliant effort!

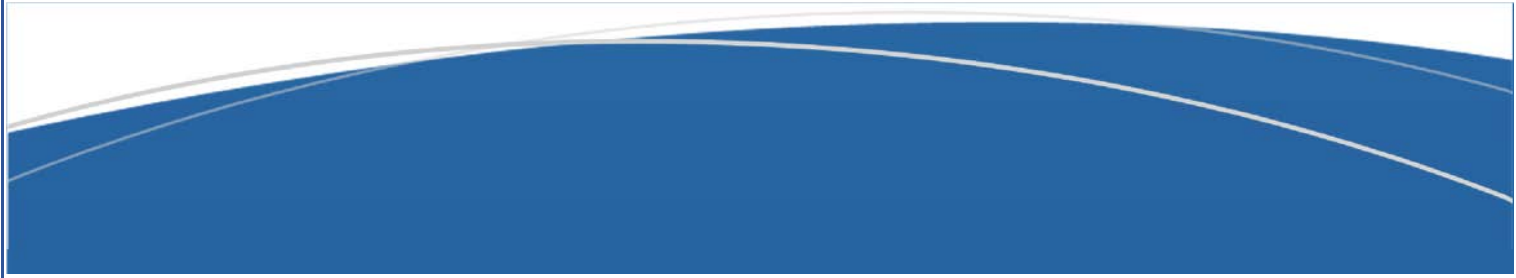
Those swimmers that will be required for the Interschool Team will be notified shortly.

**Ryan Donnelly (PE Specialist)**





Mater Christi Swimming Carnival



### ***How can we keep our children safe online?***

Below is an excerpt taken from an article posted by Internet Safe Education regarding the Momo challenge and addressing fake news with your children.

*After much intensive research conducted by multiple media outlets as well as an internal investigation by YouTube itself, the following statement was released on Twitter on February 27th. "We have seen no recent evidence of videos promoting the Momo Challenge on YouTube. Videos encouraging harmful and dangerous challenges are against our policies." This was shortly followed by another tweet, "If you see harmful or dangerous challenges on YouTube, we encourage you to flag them to us immediately."*

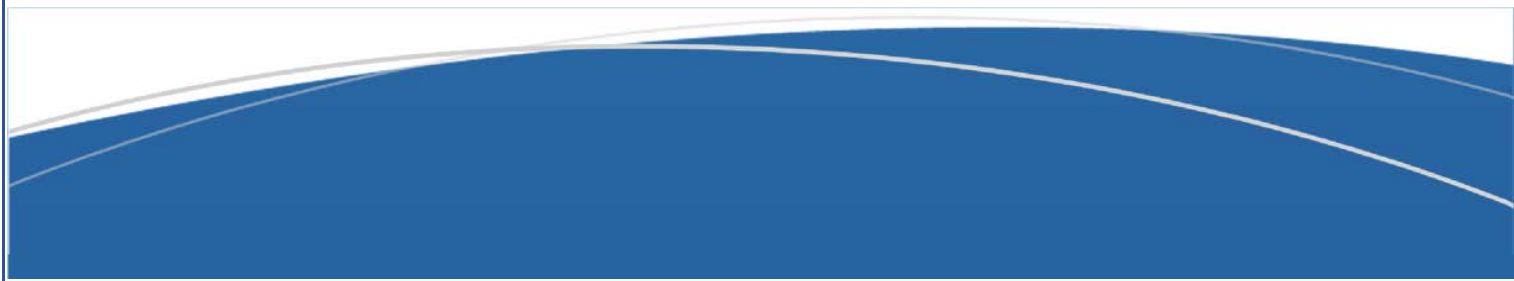
Read more at <https://www.internetsafeeducation.com/blog/brett-lee-the-momo-challenge-addressing-fake-news-with-your-children/>

### ***How can we address fake news and deal with distressing online content with our children?***

Below are some tips from Safe on Social Media (<https://www.safeonsocial.com/>)

- Do not stop children from accessing the Internet or making them believe it is the internet that's dangerous & scary. It is about educating them, so they know what to do in certain situations.
- Make sure YOU know how to report and block on every app that your child uses so that you can help them when needed. This should be the absolute minimum that you know about the games and apps your kids are using.
- Respect age recommendations and gaming classifications. If you need to report Cyber Bullying, Illegal Content or Image Based abuse you can do that by reporting directly to [esafety.gov.au](http://esafety.gov.au)
- It is essential that you are present when a young child is online. If you have a great understanding of what they are doing on their devices, it will give you the opportunity to discuss certain activities that your child may be involved in.
- We recommend that devices are not allowed in the bedroom when kids are young and as they get older you implement a curfew.
- There are parental controls on all devices, make sure you use them. They are usually in the settings area of the device and relatively easy to step through. You can use Google and YouTube to access instructions on how to set parental controls for particular devices.
- Trends and challenges are very tempting for young people. Talk to them about how they should not succumb to peer pressure or do anything that makes us feel uncomfortable online and offline. If they are unsure, make sure they know they can talk to you or another trusted adult.
- It is normal to feel worried as a parent/teacher/carers when you hear about or see things online that may be harmful to a child. Remember not everything you see online is true. Check the source and be aware that what you share about something might perpetuate the worry to others.
- If you decide to implement a filter in your home to block or filter content. Be aware not to 'set and forget' as tech-savvy kids can find ways around technological protections or may be accessing online content from a friend's home or device.
- Have regular conversations and provide online safety education, from the moment you buy your child their device. This will help ensure your kids know how to handle situations when they occur, even when you are not nearby

***Katie McNally, IT Coordinator***





## School News

### NetSetGO Netball 2019 at MCCPS

The NetSetGO skills-based netball program will be running at Mater Christi again in Term 2. This national program incorporates skills, learning activity and introductory game play. Further information can be found at <http://netsetgo.asn.au/parents/faq/>.

We can currently provide this program for Year 2's and Year 3's (numbers capped at 10 participants per coach). We'd like to also offer the NetSetGo program to the Year 1 students, however, we do not have a year 1 coach at present.

**The year 1 program is dependent upon a suitable coach being willing to volunteer their time. We are keen to hear from anyone interested.**

Coaches will have all session planning done for them should they wish or they can run their own training but must be able to commit their time each week for the duration of the program.

We're also keen to hear from anyone willing to assist with coaching the Year 2's and 3's. This would enable more children to participate.

The Registration Link will be in next week's newsletter.

Term 2 NetSetGo will run from 07 May 2019 to 01 July 2019, 3:15pm - 4:15pm on Mondays (8 sessions). The cost is \$70. Netball Australia will send all participants a pack which will include a size 4 netball and a NetSetGo T-shirt. For those who have participated in Term 2, the Term 3 is offered at a discounted rate should this go ahead.

Please contact me if you are able to assist in the coaching.

Leearna Rodden

MCCPS NetSetGO Centre Coordinator

0427 145 121

admin@um-aus.com



## P&F News

Hi Parents,

It was great to see a good turn-out at the Nature Play WA talk on Tuesday evening, it was a very interesting talk. Please be advised the next P&F meeting is NEXT Friday. Everyone is welcome to attend.

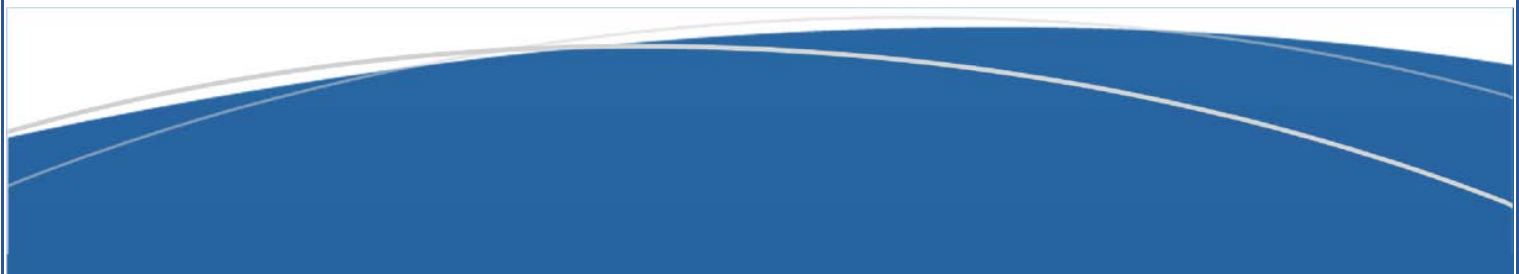
Friday 22nd March - 9am (staff room)

Louise McEntee, Vice President

### 2019 Parent's Business Directory

For those wanting to support local businesses within our school community, please see the following link to the Parent's Business Directory on our website.

<http://www.mcps.wa.edu.au/wp-content/uploads/2019-Parents-Business-Directory-T1-2.pdf>



## P&F News

*Please see below for the list of upcoming social events organised by your Class Parent Representatives.*



### Kindy B Catch Up

**Where:** Chipmunks, Cockburn

**When:** 5<sup>th</sup> April at 9am

**RSVP:** to Kylie Galipo on 0410 329 853 by Thursday, 4<sup>th</sup> April



### Kindy C Morning Coffee

**Where:** The Electric Bean Coffee Company, Merino Entrance, Cockburn

**When:** Friday, 22<sup>nd</sup> March at 9:15am

**RSVP:** No need to RSVP. For further information, contact Lesley Pascuzzi on 0409 913 545



### Year Kindy D Catch Up

**Where:** Crocs Playcentre – Armadale Road, Jandakot

**When:** 22<sup>nd</sup> March 2019 at 9am

**RSVP:** No need to RSVP. For further information, contact Kate Pow on 0433 248 137



### Pre-Primary A Mums Get Together

**Where:** The Berrigan Bar & Bistro

**When:** Saturday, 6<sup>th</sup> April at 2pm

**RSVP:** Sarah Lentz on 0405 520 431 by Thursday, 4<sup>th</sup> April



### Pre-Primary B Play and Picnic

**Where:** Honeywood Playing Fields (Opposite Honeywood Primary School)

**When:** Saturday 30<sup>th</sup> March at 10:30am

**RSVP:** No need to RSVP. For further information, contact Michelle Pozzi on 0405 202 804



### Year 1A Parent's Dinner

**Where:** IO e TE Pizzeria and Restaurant (Beeliar Drive)

**When:** Friday, 29<sup>th</sup> March at 7pm

**RSVP:** to Hayley Lynch on 0426 173 722 by 22<sup>nd</sup> March.



### Year 1B Picnic in the Park with the Family

**Where:** Bibra Lake Regional Playground

**When:** Saturday 30<sup>th</sup> March at 12pm

**RSVP:** Sarah Morris on 0405 343 611



### Year 3A Coffee Catch Up

**Where:** 8 Yolks – Beeliar Drive, Success

**When:** Friday 22<sup>nd</sup> March after drop off

**RSVP:** Please advise Loretta Formato on 0413 802 556 or Clare Yakas 0421118511 by 15<sup>th</sup> March.



### Year 2C Parents Dinner

**Where:** The Vale

**When:** Friday, 29<sup>th</sup> March 2019 at 7:00pm.

**RSVP:** Louise Amsuss on 0488 243 828 by Friday, 22<sup>nd</sup> March.

## Community News



**CORPUS CHRISTI COLLEGE**  
SECURE DURING

WE INVITE YOU TO JOIN US AT ONE OF OUR  
*College Open Days*

MARCH 12 & 21, 9.00AM  
[www.corpus.wa.edu.au/opendays](http://www.corpus.wa.edu.au/opendays)



**DARLING RANGE  
SPORTS COLLEGE**

Children who currently participate in any of the following sports at club level are welcome to trial for possible enrolment at Darling Range Sports College in 2020

Trials for our high performance sports programs are being held on the following dates

**Monday, 8 April or Tuesday, 9 April 2019**  
Baseball

**Thursday, 11 April 2019**

Athletics  
AFL  
Basketball  
Netball  
Soccer  
Swimming

Please visit our website for further details

Phone: 9453 0100  
117 Berkshire Road, Forrestfield  
[darlingrangesc@education.wa.edu.au](mailto:darlingrangesc@education.wa.edu.au)  
[www.darlingrangesc.wa.edu.au](http://www.darlingrangesc.wa.edu.au)

*Dare to Dream*

EXPERIENCE THE DIFFERENCE

**OPEN MORNING**  
19 March 8.30am - 1pm  
"Hope to see you there."



**Mercedes College**

Please register at  
[www.mercedes.wa.edu.au](http://www.mercedes.wa.edu.au)



**Melville Hockey**

Bring a Friend Day

**COFFEE TRUCK**

PRE PRIMARY - YEAR 4'S  
SAT 6TH APRIL 10.00AM - 12.00PM  
MORRIS BUZZACOTT RESERVE  
KARDINYA  
**FREE SAUSAGE SIZZLE\***

PLEASE CONTACT THE JNR COMMITTEE FOR MORE INFO  
[minkeygrads@melvillehockey.com](mailto:minkeygrads@melvillehockey.com) or [juniorthockey@melvillehockey.com](mailto:juniorthockey@melvillehockey.com)  
[melvillehockey.com](http://melvillehockey.com) \*for participants only

JOY IN LEARNING



**SECONDARY  
OPEN DAY TOURS**  
Friday, April 5  
Tours start at 9.00am & 11.30am

We warmly invite all prospective secondary parents and students to our College Open Day Tours to experience what "Joy in Learning" looks like for yourself, at St John Bosco College.

Please register your interest at [stjohnbosco@stjohnbosco.wa.edu.au](mailto:stjohnbosco@stjohnbosco.wa.edu.au) or by calling 9234 9600.

170 Monticello Parkway, Para Waters, WA 6112  
9234 9600 | [web.stjohnbosco.wa.edu.au](http://web.stjohnbosco.wa.edu.au)

Join us for Year 7 in 2020 and beyond



**IONA  
PRESENTATION COLLEGE**

**SENIOR SCHOOL  
OPEN MORNING 2019**  
**TUESDAY 26 MARCH**  
9.30 - 11.00AM

[www.iona.wa.edu.au/openmorning](http://www.iona.wa.edu.au/openmorning)



*Iona girls make a difference*

**Dance Power**  
Perth's Premier Studio Of Choice  
Fully airconditioned together with the largest floor space

**KIDS' BALLROOM CLASSES**  
6 - 17 Years (special class for 4-6 year olds)

**COMMENCING SATURDAY 2<sup>nd</sup> FEBRUARY 2019**  
**\$16.00 includes Medal Class & Social (1<sup>st</sup> day free for new students)**

<b>9.00am</b>	<b>Bronze &amp; Bronze Bar Medal Class</b>
<b>9.45am</b>	<b>Social Dance (Learn Awesome Party Dances)</b>
<b>10.30am</b>	<b>Silver to Gold Medal Classes</b>

For further information regarding classes,  
Contact: Julie 0433 088 180 or Shelley 0409 804 493 or  
Email: [dancepower@inet.net.au](mailto:dancepower@inet.net.au)




**110 North Lake Road, MYAREE**  
Perth's premier and most popular dance studio, and together with the most amazing staff and teachers, we can teach anyone to dance.

**STUDIO PRINCIPALS**  
Australian & International Champions  
Graham Thomas 0452 502 455  
Julie Patchett 0433 088 180

Studio: 9330-2455 / AH: 0433 088 180 / Email: [dancepower@inet.net.au](mailto:dancepower@inet.net.au) / Website: [www.dancepowerperth.com.au](http://www.dancepowerperth.com.au)  
Like us on Facebook

**YPA Swap-Meet**



**Sunday 24th March**  
**Nicholson Reserve, Yangebup**  
**8 am - 11 am**  
Sellers set up from 7 am

**\$15 per spot, book now at**  
<https://www.trybooking.com/BAKXT>

