Mater Christi Catholic Primary School Newsletter

Volume 20



24 July 2020



<u>SCHOOL MANTRA 2020</u>

"Do small things, with great love". Mother Teresa

Dear Families



Where is your heart?... "...our treasure is the Kingdom of God."

Sunday Gospel: Matthew 13: 44-52

This Gospel reading reminds us of a hidden treasure: it inspires, enlivens and opens horizons of new plans and dreams. As Pope Francis said: "The treasure is the Kingdom of God, found through the person of Jesus Christ, and to obtain it, our hearts must burn with the desire to seek it and find it out. He is the hidden treasure; he is the pearl of great value. He is the fundamental discovery, which can make a decisive turning point in our lives, filling it with meaning."

	Dates for Next Week (Week 2)	
ttese;Ir	Monday 27 th July	
	Tuesday 28 th July	School Banking 6:00-7:30pm Parent Information Evening
	Wednesday 29 th July	Uniform Shop Open 8:00-10:30am 1:20-3:20pm
	Thursday 30 th July	
	Friday 31 st July	
	Saturday 1 st August	
	Sunday 2 nd August	

Reflection:

Have I found the pearl of great value? Am I still looking for it or resigned to a life of mediocrity in my relationships with others and with God? If I have found it, am I ready to sell all that I have to obtain it? This parable is not inviting you to think about somebody else – Jesus is inviting you to recognise where your heart is. For whom would you go without everything else?

Welcome Back

Welcome back to school and Term 3! I hope your family was able to have some relaxing quality time together over the break. We are delighted to have all the children back at school safe and well this week, with a somewhat more normal start to the term than the last term.

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Telephone: (08) 6173 9000 Email: admin@mcps.wa.edu

Absentees Email: <u>absentee@m</u> Website: <u>www.mcps.wa.edu.a</u>

Morning Drop Off and Afternoon Pick Up

Parents are able to continue to come onto the school site to drop off and collect their children. Students dropped off before 8:30am come to the undercover area where they will be supervised. After 8:30am they go straight to class and if they arrive after 8:45am, an adult must sign their child in at the front office.

Kindy, Pre Primary and any students waiting with their parents before school continue to practice 'kiss and drop' at the lobby doors.

Thank you for your ongoing support in ensuring our students continue to grow in independence and endeavouring to keep everyone in our community well and safe.

Sick Children

If your child is displaying flu-like symptoms or is unwell in any other way, please do not send them to school. If your child becomes ill at school, we will contact you and ask that you come and collect your child as soon as possible and take them home. I appreciate your cooperation.

Continued Cleaning

While the school has a regular cleaner each day, extra cleaning of the toilets and high traffic areas will continue. We also ensure the children are regularly washing their hands; we ask children not to share drinks or food and encourage them to cough or sneeze into their elbow.



Drink Bottles

Please ensure you send your child with a drink bottle, labeled with their name, every day. The drink fountains are out of use at the moment.

Family Life Presentation

Last night, many parents attended the Parent Meeting explaining the information that will be presented to the Year 6 students.

On Tuesday 28 July, an information evening will be held for Year 5 parents in the Year 5 classrooms. All are welcome. Please note the new time for this event is 6:00pm - 7:30pm.

The students in both year levels will have their Family Life sessions in Week Three.

Special Celebration

This weekend, we hold Alonzo (4A) and his baby brother, Zaccariah R in our prayers as Zaccariah is welcomed into the church family through his Baptism. Alonzo will also be making his First Holy Communion.

Welcome

Welcome to Hudson W (2A) and Imogen W (5C) and their family. It is lovely to see how they have been welcomed by the students in their class and settled into life at Mater Christi.

Speech Therapy



I am currently meeting with service providers to determine which will best suit the needs of our students and families. I hope that once the decision has been finalised speech therapy will be able to re-commence before the end of August.

God Bless, Toní Kalat





Religious Education News

Sacramental Program

This week, students in Year 3 and Year 4 received information regarding the booking process for the Sacraments of Penance and First Eucharist. The booking system opened today.

The Sacrament of First Holy Communion



At the centre of the Catholic community is the celebration of the Eucharist. It is from the Eucharist that we remember the life and message of Jesus, which nourishes the way in which each Christian lives this out in his or her own life. This week Year 4C and half of Year 4B attended the parish mass. Following the Mass, Father Joe spent time with the students discussing the Sacrament and answering many questions posed by the students. Some of the questions asked included: Why is it bread and wine we eat and drink? What does it mean for us to receive this Sacrament?, and Why do to bells ring during Mass when the

priest holds up the bread and then the wine? As parents of a child receiving the Sacrament this term, I invite you to discuss these questions with your child. Next Wednesday, 4A and half of 4B will have the opportunity to attend Mass and meet with Father Joe to have their wonderings answered.

Making Jesus Real



If we are trying to Make Jesus Real in our lives, the Eucharist is the secret ingredient! Just as Jesus gave his life for us on the cross, so Jesus still gives himself to us in the Eucharist as nourishment, strength and inspiration to live life to the full (John 10:10). The Eucharist is food for the journey of life and love.

'Gotcha' Cards

Congratulations to the following students who received Gotcha cards throughout the week for Making Jesus Real throughout our school. Frankie D, Jack A and Liam E from 2A and Talea F from 6C your actions are commendable.

School News



Book Club is Due!

Wednesday 5th August by 3pm

No cash payments or paper orders. Please use LOOP on Scholastic website. Any orders placed after the closing time and date will be charged \$4.99 for home delivery.



Athletic Carnivals

The Mater Christi Athletics Carnivals will be held in Week 1 Term 4. The dates are as follows: Junior Carnival – Thursday 15th October Senior Carnival – Friday 16th October

Parent Teacher Interviews



Dear Parents

Parent/Teacher interviews will be held on Monday 10th August and Wednesday 12th August (Week 4). Bookings will be open from Friday 31st July and must be finalised before the 5th August, when bookings for this event will close. *On the morning of July 31st, you will receive an email with the code required to access bookings.*

Interviews are strictly 10 mins and spaces are limited. If you require more time, please contact your teacher directly to make alternative arrangements.

BOOKINGS CLOSE WEDNESDAY 5th March.

To make a booking, complete the following instructions:

Go to <u>www.schoolinterviews.com.au</u> This link will be available on your child's class seesaw page for ease of access. The unique code will be sent via email on Friday 31st July.



Enter your details (including your email if you wish to receive confirmation of your booking).



Select the teachers you wish to see.



Select the appointment times that best suits your family.

When you click **FINISH**, your interview timetable will be emailed to you automatically. If you do not receive your email immediately – Check your junk mail folder AND make sure you have typed your email address correctly

You can return to <u>www.schoolinterviews.com.au</u> at any time and change your interviews - until the bookings close on 5th August (Wednesday, Week 3- Term 3).

You may change your bookings, any time prior to the closing date, by re-visiting the <u>www.schoolinterviews.com.au</u> website, and using the event code. Remember to use the same name and email address, you used when you made your original booking. Parents wishing to change their interview times after the closing date, should contact the school directly on (08) 6173 9000

School News

What's Happening This Term in Year One

We are back and very excited for a big Term 3! In Religion, we will be focusing on the different groups that we belong to and exploring the Sacrament of Baptism. During Investigations we will be exploring how we can care for natural, managed and constructed environments and how they have changed over time. In Literacy, our focus will be on Australia and our native Animals. We will be exploring narratives and enjoying classic Australian stories such as 'Koala Lou' and 'Edward the Emu'. We will also be researching our favourite Australian animal to create an information report. During Maths, we are learning about location and the language we use when giving and following directions.



Library News

Lego Masters

A fun filled next two weeks will be happening in the Library.

You heard it here! A LEGO MASTERS competition will take place over the next two weeks in the Library at lunch time. Let your imagination run wild. Teams or individuals are welcome, with teachers judging your wonderful work in Week 3. You can take the whole 2 weeks or just one day to make your masterpiece. No Lego is allowed from home; however, a base board can be brought in if it has your name on it and I will keep a record of it.



We all cannot wait to see the results of your hard work. Goodluck everyone!

If anyone would like to help cover some books, then please come and see Mrs Gladwell in the library. Thank you in advance.

Mrs Deborah Gladwell, Library Officer

Join Our Enviro Club Tuesdays 3.15pm - 4.15pm

Jimmy's Tennis Before School at Mater Christi PS

Thursdays in Term 3 from 7:30 to 8:25 starting on the 30th of July



The cost is \$150 for 8 lessons and each eligible participant will receive a **free Tennis Hotshots t-shirt!**

Spaces are limited, so **contact Jim Guilfoile** <u>now</u> jimmystennisau@gmail.com, or on 0403 743 147

Support the College's Recycling and Environmental Activities!

Learn how to maintain garden beds and orchards, work with our aquaponics system and worm farm, and take part in recycling programs.

www.emmanuel.wa.edu.au

Mindfulness

7 HEALTHY BRAIN BREAKS FROM SMILING MIND •



HOW MINDFULNESS CAN HELP DURING COVID-19





BREATHE

When you slow your breathing rate down the uncomfortable physical sensations of fear and anxiety start to subside. Stop what you're doing, take three

long, slow deep breaths. Impose a rhythm on your breathing so that your out-breath becomes longer than your in-breath.



GROUND

Connect to what is happening in this moment right now more consciously engaging your senses. Try splashing cold water on your face; cuddling your pet; or smelling and/or diffusing a relaxing essential oil.



CONTRIBUTE

Contributing to the wellbeing of others helps shift our attention from ourselves onto what we can do for them. Consider how you might help others at this difficult time, i.e supporting a small business or checking in on an elderly relative.

MOVE

Any kind of physical movement is a great way of releasing the build-up of excess energy that accompanies the acute stress response - take yourself for a walk or run outside or crank some uplifting music and dance around the house for a few minutes.



SLEEP

When we're fearful and anxious it can be hard to sleep. Given the importance of sleep for our mental and physical wellbeing, including immunity, establishing good habits around sleep is particularly important at the moment.



CONNECT

While social connection may be tricky during this time when many people are physical distancing, staying connected to others is more important than ever as we are wired to connect and seek comfort and care from others.

P&F News

Australia's Biggest Morning Tea

With charity in our hearts, the Mater Christi P&F will again hold an Australia's Biggest Morning Tea on Thursday 20th August. We would love some donations of food for the morning tea. These can be brought directly to the Community Centre on the day. Please email the P&F if you will be bringing food and whether it is sweet or savory. Can you assist with donations for the raffle? These can be left with admin until the day before. Tickets sales for raffles will occur on the day and in the junior courtyard in the morning the week prior to the morning tea. If you can help in any way before or on the day, we'd love to hear from you at <u>materchristipandf@cewa.edu.au</u>

Parent's Business Directory

Did you know we have a directory supporting businesses? It is available upon request or via the school website under the Parents and Friends tab. If you are a parent and wish to promote your business we want to hear from you.

Email these details to the P&F: <u>materchristipandf@cewa.edu.au</u>

Details to Include:

- Your name:
- Company Name
- Company contact details: address, contact number, email, website, Facebook (whichever contact methods you prefer)
- Logo (jpeg or png file)
- Short blurb about the services offered

Entertainment Books

Entertainment Books are now available all year round, valid for 12 months and only in digital format. For new purchases, go online to entertainment.com.au, select 'Become a Member Today' and follow the prompts. At the Fundraiser page, please select 'Mater Christi...' to aid fundraising for our school. Thank you as always for your support of the Mater Christi Catholic Primary School Parents and Friends Association.

Next Meeting: Tuesday 4th August, 7pm, Staff Room





MATER CHRISTI'S 30TH ANNIVERSARY Cookbook

WHAT IS YOUR FAVOURITE RECIPE?

To all our students, families, staff and friends, we would love to include your favourite recipe in our special Mater Christi 30th Anniversary Cookbook.

Think sweet, savoury, healthy and not-so-healthy treats! Cookbooks will be available for purchase in Term 3.

SUBMIT YOUR RECIPE ON THE WEBSITE BELOW BY FRIDAY 31 JULY WWW.PUBLISHEDAUTHORS.COM.AU

For advertising or general enquiries, please contact Leah from Mater Christi's P&F on leahrheinberger@hotmail.com

Parent Social Events



Pre Primary A Parent's Dinner

When: Friday, 4th September at 7pm Where: Cabin 401, Bibra Lake **RSVP:** Please contact Sinèad Chidlow on 0424 120 440 by Thursday the 27th August.



Year 2A Parent's Dinner

When: Friday 31st July at 6:30pm Where: The Vale **RSVP:** Please contact Barbara Thurston on 0404 847 607 by 28th July

Community News

7 MercyCare

At MercyCare we believe everyor deserves to live their best life. That's why as a not-for-profit organisation we support older Western Australians in you community to live life, their way. Help in your home • Community Conr Respite • Retirement Living • Resider

1800 637 299 🕅 aaedcare@







Register for your free seminar

Triple P - Positive Parenting Program

Get support, information and tips to give your child the best start in life.

Triple P gives you simple, practical strategies to help you raise happy and confident children. Attend a free session near you, or talk to your school about how they can provide a free seminar for your school community.

Children thrive when they are raised in a nurturing environment

The early years are so important. Triple P gives mums and dads ideas on how to help their child develop the skills and behaviours they need for a healthy childhood.

Learn proven strategies from trained facilitators to:

• raise happy, confident children manage misbehaviour so everyone in the family enjoys life set rules and routines that

- •
- everyone respects
- encourage behaviour you like
 take care of yourself as a parent.

TELE Find a free session near you

Seminar 1, 'The Power of Positive Parenting', is provided free of charge to parents of children across Western Australia, thanks to the support of the State Government.

Take advantage of this incredible opportunity. Find a seminar near you at education.wa.edu.au/triplep Further free seminars and discussion groups are available for parents of young children and teenagers. If you prefer, you can register for Triple P Online (a fee applies).

Attend a session at your school



Triple P education.wa.edu.au/triplep