

Mater Christi Catholic Primary School Newsletter

Volume 6

11th March 2016



Dear Parents & Caregivers

This afternoon we will welcome back our 'CAMPERS'. I know that they will be excited to be back home, many will be sleep deprived and all will have many stories to share with their families and friends. Thank you to Miss Cloutt, Miss Edmondson, Mrs Gladwell, Miss McMahon, Miss Meyerkort, Miss Lister, Mr O'Reilly and Mr Donnelly for looking after the children so well. It was also great that Mrs Dunsire was able to spend some time at the camp too. We truly do have very generous staff that will give of their time to take the children to camp. A tremendous thank you goes to their families who have had to manage without them during the last four nights. We appreciate you all.

Last night I came home after spending four days in Geraldton for the annual Catholic Primary Principal's Conference. The Conference theme was Live Well, Lead Well, Be Well. Our keynote speakers covered the following topics – Stress and the complexities of leading a school (organisation of people); dealing with bullying, verbal and physical abuse in the workforce (staff and parents); anxiety/depression; recovery – sleep, nutrition and exercise; mindfulness. It brought home to me how important it is to have our wellness week and time set aside as individuals and families to 'recover' – the process of replenishing what has been lost. It was highlighted that it is not the stress that makes us unwell but rather not putting aside the time for recovery. They talked about the amount of time that athletes (Dockers players) spend in recovery after a game. We were told that if they didn't spend the time going through the recovery process or taking it seriously, players would be brought before the Leadership group and may not play the following week. Did you know that recovery encapsulates mind, body and spirit?

Our thoughts and prayers go to the Presentation Sisters on the loss of Sister Kathleen Corby. Sister Kathleen was in the original group of sisters that came to the South Lakes Parish with Sister Emmanuel in 1990. Also to the Middleton Family (Sophia (PPC) and Orlando (2B)) on the loss of their grandfather earlier this week.



.Those that we loved and have lost

are no longer where they were.

They are now where we are.

John Christendom.

Thank you to all the staff that took on extra duties and responsibilities this week due to the number of staff attending Camp. Without your generosity of spirit – so much would not be possible.

God Bless.... Toni Kalat

Dates for Next Week

**Monday
14th March**

9am Mass (PPA)

**Tuesday
15th March**

7pm Board Meeting

**Wednesday
16th March**

8am SRC Meeting

Swimming Carnival
Warnbro Aqua Jetty

School Banking

**Uniform Shop Open
8am to 10.30am
1.20pm to 3.20pm**

**Thursday
17th March**

9am Mass (5C)

Yr5 CSL
(Frank Prendergast)

**Friday
18th March**

9am Assembly (Yr3)
Merit Awards

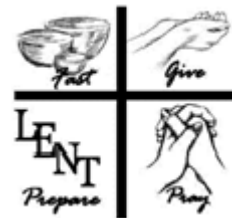
Saturday 19th March

Sunday 20th March
Palm Sunday

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Religious Education



5th Week of Lent – Project Compassion – brings you Sreymom's story

Sreymom, now 26, lives in the remote Mondulkiri province of Northeast Cambodia, where extreme poverty has led to many health issues for the region's indigenous population.

When she started work at the local Health Centre, Sreymom was eager to use her three years of midwife training to help care for indigenous mothers and children in the surrounding villages. But soon she realised she lacked the practical experience she needed to safely assist in childbirth. "When I had to assist a delivery," Sreymom recalls, "my body and knees were trembling. I was sweating and losing confidence."

Seeing Sreymom's difficulties – and her true potential – a local healthcare worker helped Sreymom to enroll in the Mondulkiri Community Health Program. Established by Caritas Cambodia and supported by Caritas Australia, the program empowers and trains local health centre staff in pre- and post-natal care, safe delivery practices and children's health.

The course not only improved Sreymom's skills as a midwife, but also gave her information on broader health issues, which she could take back to the indigenous women in her community.

These days, Sreymom delivers one or two babies each month and is trusted by the indigenous community. "If we did not have the program, more pregnant women would face death," Sreymom says. "I hope Australian people will support my communities more in building awareness in healthcare, hygiene, nutrition and sanitation."

Your donation to Caritas Australia's Project Compassion provides support to programs such as the Mondulkiri Community Health Program. www.caritas.org.au

Best Wishes
Courtney Dunsire
Assistant Principal

Parish News

Confirmation Commitment Mass

All **Confirmation candidates**, with their parents, are required to attend a **Commitment Mass** this weekend. We look forward to seeing you on Saturday 12th March at 6:00pm or Sunday 13th March at either 8:00am, 10:00am or 5:00pm



**Year 4B students
who have been
selected to enter
the Billy Cart
Festival Race on
Sunday 13th
March at Cockburn
Central Town
Centre from 9am-
4pm**



Merit Awards 18th March 2016

Year 1A	Brooke Day, Shaun Sputore
Year 1B	Chevy Basilio, Ivy Clayden
Year 1C	William Weeks, Isabella De Aguiar.
Year 2A	Cameron Adams, Sebastian Barber, Madison Smith
Year 2B	Ethan Grainger, Caitlin Ree
Year 2C	Cole Clayden , Tahlia Quinlivan
Year 3A	Georgia Galipo, Tristan Basilio
Year 3B	Summar Jardim , Javier DaSilva
Year 3C	Claudia Heinzle, Chad Wylie-Maher
Year 4A	Alisha Wardle, Zoe Perez
Year 4B	Mason Rasmussen, Hayley Cheong
Year 4C	Nicholas Ettridge, Ashleigh Smith
Year 5A	Timothy Fong, Sophia Pantinople
Year 5B	Ciara Wilkin, Tayla Lawton, Liam Sweeney
Year 5C	Grace Swann, Daniel Holm
Year 6A	Annie Mann, Daniel Prime
Year 6B	Carys Vincent De Sousa, Cohen Monteiro
Year 6C	Alyssa Thomas, Isabella Lavery

Library

Book club is due

Friday 18th March 3pm

No cash payments or paper orders please.

Please use LOOP on scholastic website.

Any orders placed after the closing date and time will be charged \$4.99 for home delivery

Emily Richards
Library Officer

Science

Thank you

Animal Adaptations



Year Five's had a great visit from one of our parents who talked to them about Adaptation. Thank you Mrs Rheinberger for offering your time and expertise to our students. They had a great morning.

If there are any other parents who have an expertise in a particular area make sure you check the subject overview at the beginning of each term on the blog, or in the newsletter to see what we are covering, we would love to have you!!

Also thank you to Mrs Trolie for our food processor it is much appreciated.

If there is anyone else who needs an excuse to buy another kitchen appliance, now is your time, the Science lab would love one more food processor!!!

Projects

Year Five's and Six's you have until the end of week



eight to hand in your projects make sure you are almost completed now. Some have already handed their projects in, which is great, or I will have 160 projects to mark at the end!!

Waste Free Wednesdays

Don't forget our Waste Free Wednesdays!!

We have made great progress in reducing the amount of rubbish in our school grounds. Thanks to the efforts of our great parents in trying to buy in bulk and putting things into waste free lunch boxes, and staff who are ever vigilant! Keep up the great work. Buying bulk not only saves the environment with reduced packaging but also is great on our budgets!

If anyone is interested in purchasing reusable sandwich wraps I might be able to do a bulk order just let me know!!

Finally thank you to the lovely parents and children who always smile and say hello, it makes my day!!

Mrs Ziegelaar

P&F News

Expressions of Interest

Are you wanting to have your car seats checked or installed by a professional installer?

The P&F will be hosting Kidsafe on the 5th & 6th April 2016.

Bookings essential and can be made at <http://www.trybooking.com/186597>



YEAR SIX GRADUATION

Year Six Parents,

You are invited to attend the Year Six Graduation Meeting on Wednesday 23rd March at 7.30pm to 8.30pm in the MCCC. It is very important to come along to find out relevant information so as to plan this exciting and important event in your child's life.

Committees will be formed for the various tasks and we will be asking for a Head of each Committee and volunteers. Lists will be available on the night to put your name down.

Please contact your class rep if you would like to volunteer but are unable to attend on the night or need more information.

Sandy Petkovic	6A
Christina Meerton	6B
Arlene Soares	6C

Leonie Jones
Class Representative Coordinator

P&F News continued

CLASS REP EVENTS

- **KA – Wednesday 23rd March – 1pm**
Meet up, Coffee Club, Gateways
- **KA – Tuesday 5th April – 7.30pm**
Parents Dinner, Sorano Restaurant, Lyon Road Aubin Grove . RSVP to your Class Reps
- **KB – Tuesday 15th March – After Drop-off**
Coffee Catch up, Dome Success
- **PPC – Tuesday 22nd March – 9.30am**
*Coffee Catch up, Dome Cockburn Central
RSVP by 18th March to your class rep*
- **1A – Friday 18th March – 7pm**
Last Drop Beeliar. RSVP to your Class Rep
- **1B – Monday 14th March – 9/9.30am**
*After school Drop off Dome, Port Coogee
RSVP to your Class Reps or name on list outside class*
- **1C – Monday 14th March – 12pm**
*Lunch, Fitzzy's Lakeside, Berrigan Drive, South Lake
RSVP to your Class Rep by Friday 11th March*
- **2B – Saturday 2nd April – 7pm**
*All Parents welcome, Glen Iris Bar and Bistro
RSVP to your Class Reps by 20th March*
- **2C – Wednesday 23rd March –**
*Coffee at Dome Cockburn
RSVP to your Class Rep by 20th March*
- **Yr3 – Thursday 17th March – 6.30pm**
*Dinner, The Quarie, Hammond Park
RSVP to your Class Rep by Friday 11th March*
- **Yr4 – Thursday 31st March – 7pm**
*Parents Dinner, The Quarie, Hammond Park
RSVP to your Class Reps*



The P&F office bearers for 2016 are:

Teresa Lawson (President),
Karen Simons (Vice President and Board Rep),
Belinda Weeks (Secretary),
Belinda Stokes (Treasurer),
Leonie Jones (Class Rep Coord),
Michelle Hall (Sun Smart Rep),
Marina Hayward (Parish Rep).

Swimming Carnival 2016

SWIMMING CARNIVAL 2016
(Year Four - Six)

Important Reminders

Date – Wednesday 16th of March 2016

Venue – Warnbro Aqua Jetty,

Time – 9:45am to 2:30pm.

- **STUDENTS NEED TO BE AT SCHOOL AT 8:30am. BUSES WILL LEAVE AT 8:45am SHARP!**
- **Spectators are \$2.00. All students need a swim cap that can be purchased for \$3.00**
- Parents please join in the fun and support your team. Students would love to share lunch with you!
- **All events have been pinned up in the undercover area. Please check it out and make sure your children have too. They need to know what races they are in.**
- Please ensure children wear their sports uniform on top of their bathers and have warm clothing available.
- Children should have a towel or two, swimming cap, water, healthy snacks for lunch, sun screen and a hat.
- **Important - Children should listen to the teachers in the bay carefully so they don't miss their races.**
 - **Parents please stay in the spectator area. No parents should be near the finishing line.**
 - **The chief judges decision is final.**
- **The swimming carnival is a normal school day. No one should leave until after the presentations unless permission has been sought.**
 - If you are collecting your child please inform your child/s class teachers after the carnival.

Uniform

Winter Uniforms

PLEASE NOTE!!! From the first day of term two we will be wearing Winter Uniforms, so make sure you purchase your uniform on time. All year one girls and new families with girls will be required to wear the winter skirt with the yellow shirt. Both boys and girls wear the same School jumper. Boys can still wear the formal shorts or trousers.

Uniform Shop is open on a Wednesday from 8-10:30am and 1:30-3:20pm.

You could do an online order by following the uniform shop link on the school web site

<http://materchisticps.permapleat.com.au/shop/> and your order will be processed on a Tuesday or Wednesday.

Please encourage your children to be proud of their uniforms and to tuck in their yellow shirts. It looks so much nicer and sends a real message of respect to everyone, especially to the general public who see the uniform outside of school.

Thank you
Ilonka Heinzle
Uniform Shop Manager

Hammond Park Catholic Primary School Presents



HAMMOND PARK FOOD TRUCK FIESTA



FRIDAY 15TH APRIL
5:00-8:30PM
BOTANY PARK
MACQUARIE BLVD
HAMMOND PARK

BYO
blankets
& chairs

PICCOLLAGE



CATHOLIC EDUCATION
WESTERN AUSTRALIA

MORAL ISSUES WORKSHOPS ON MARRIAGE, DIVORCE, RE-MARRIAGE AND ANNULMENT - SEXUALITY

Moral Issues Workshops are being held as follows:

Two evenings: Thursdays 10 and 17 March, 2016 from 7.00pm - 9.30 pm

Facilitator : Rev Dr Joe Parkinson STL PhD, Director of LJ Goody Bioethics Centre,

Address : 39 Jugan Street, Glendalough.

The two evenings provide opportunities for personal faith formation as they explore moral issues and current Church teaching. All Catholics would benefit from attending this course. The moral issues presented are of particular interest to those involved in the ministry of RCIA

Cost: \$20.00 For further information or to register please contact the Centre for Liturgy via email rcia.cf@perthcatholic.org.au or telephone 08 9207 3350.

Mater Christi Canteen Easter Colouring In Competition

Sections

Pre Primary to Year Two – Happy Easter Basket

Year Three and Year Four – Surprise Easter / Find The Bunny

Year Five and Six - From the Cross To Resurrection / Find the Bunny

Condition of Entries

You can use textas, crayons or coloured pencils.

All Entries to be handed into the office by Friday 18th March and a selection will be displayed near the canteen.

The Judges will be Mrs Mann, Mrs Perez and Miss Kalat.

Winners will be notified Thursday 24th March.

Prizes

Three prizes given in each section

First prize – Free lunch and easter egg

Second Prize – Free ice cream of your choice and easter egg.

Third Prize – Free icy pole and easter egg

Curtin Science Outreach

Astrofest 2016

Astrofest is back in 2016 with an astronomically awesome event the whole family will enjoy!

Taking place at Curtin Stadium on Saturday the 12th of March, this astronomy festival of epic proportions will be an engaging celebration of Australian science.

As well as optical and radio telescopes observing throughout the day and night, Astrofest will feature a myriad of interesting, engaging and exciting indoor and outdoor activities for the whole family.

There will also be many different telescopes to try out, or you can bring your own for some expert advice in getting the most out of it. Bring an early supper and make yourself comfortable in the picnic area.

When: 12th March 2015 from 17:30 - 20:30 (solar observing begins at 4.30pm)

Where: Curtin Stadium, Curtin University.

Who: All are welcome



CORPUS CHRISTI COLLEGE TOUR DAYS 2016



Corpus Christi College will be hosting TWO Tour Days this term. Additional Tour Days will follow during 2016.

We invite prospective families and students to join us for a tour by registering your attendance at www.corpus.wa.edu.au/tour-2016

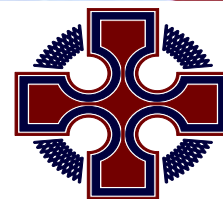
THURSDAY 10 MARCH 2016 • 9.00am-11.30am

TUESDAY 15 MARCH 2016 • 9.00am-11.30am

Your tour will begin with an informative presentation by the Principal, Mrs Caroline Payne at 9.15am sharp (9.00am arrival) in the College Hall, (map attached) followed with a guided tour of the campus by our Year 10 students and ending with a lovely morning tea where you can meet other parents of present and future students of the College.

If you have any questions regarding the TOUR DAYS, please direct them to communications@corpus.wa.edu.au

For directions and location of parking areas, please see our College Map



**CORPUS CHRISTI
COLLEGE**
SEQUIRE DOMINUM



CBC FREMANTLE

Today's boys...tomorrow's gentlemen

CBC Fremantle invites you to attend our
Open Day on Tuesday 15 March 2016

Tours commence at **2.00pm** and **4.00pm** and provide a unique opportunity to see the College and meet some of the staff and students.

To register visit the College website and click on the Open Day Quick Link

Enquiries: events@cbcfremantle.wa.edu.au
51 Ellen Street, Fremantle WA 6160

www.cbcfremantle.wa.edu.au

FREE, FUN PROGRAM



DO YOU HAVE CHILDREN 7 TO 13 YEARS OLD?

ARE YOU WORRIED ABOUT THEIR WEIGHT?

The Better Health Program is a fun, interactive 10 week healthy lifestyle program for families. In a supportive and friendly environment, the program covers information about healthy eating and includes an hour of physical activity at every session!

NEXT FREE PROGRAM RUNNING AT:


Cockburn Youth Centre
25 Wentworth Pde, Success


Start date: 27th April 2016, for 10 weeks

Days: Mondays & Wednesdays

Time: 4.00pm – 6.00pm

PLACES ARE LIMITED! REGISTER NOW:


 **Call us:** 1300 822 953

 **Text us:** 0409 745 645

 **Online:** www.betterhealthprogram.org



betterhealthprogram
healthy active happy kids

 Government of Western Australia
Department of Health